



"I am so in awe how one person can change so many, many lives... Aunt JoAnn, in honor of your life, love, and giving spirit I pray that many people will continue your good work in Maine."

- Therese Nichols, niece of JoAnn Pike

celebrating
30
YEARS
of feeding Maine's hungry



Good Shepherd
Food-Bank

GOOD SHEPHERD FOOD-BANK ADMINISTRATIVE OFFICES & MAIN WAREHOUSE
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Portland Warehouse • 111 Pine Tree Industrial Parkway • **Brewer Warehouse** • 88 Stevens Road



**MOBILIZING TO ELIMINATE
HUNGER IN MAINE**



2010 ANNUAL REPORT



Good Shepherd
Food-Bank

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There is a tradition that runs deep in our state - Mainers helping neighbors in need.

It is this tradition that has allowed a tiny food rescue effort operated out of an Auburn woman's garage in 1981, to grow into the state's largest hunger relief organization delivering millions of pounds of food annually to families in need. This is the story of Good Shepherd Food-Bank and its founder, JoAnn Pike.

The tradition of Mainers helping Mainers has nourished the growth of Good Shepherd Food-Bank into a hunger relief network involving over 600 nonprofit organizations. In 2010 the Food-Bank delivered 12 million pounds of food – over 9 million meals – through our partners to Maine people who needed a helping hand.

The ways Mainers are feeding Mainers continues to grow. We launched new initiatives in 2010 to open channels of fresh, nutritious food through purchase agreements with Maine farms and fisheries that resulted in the distribution of over 350,000 pounds of local food. People helping neighbors are the heart of all we do here.

This 2010 Annual Report recounts the latest chapter in the inspirational story of Good Shepherd Food-Bank. It was a year when we successfully mobilized in many new ways to meet the enormous challenges resulting from the nation's continuing economic crisis. This was a year of helping historic numbers of neighbors in need.



Rick Small
Executive Director



1981
Founder JoAnn Pike



1987
Lisbon Street



1987
Lisbon Street Open House



1999
Groundbreaking Auburn



2001
New Auburn Facility



2010
Portland Warehouse

2010 HIGHLIGHTS

Opened a 20,000 square foot Portland distribution center and acquired funding to install large refrigeration and freezer units to better serve our 140+ agencies in southern Maine

Added 22 new stores to our retail pick-up program through a new agreement with Shaw's Supermarkets, increasing retail store partnerships to over 50

Acquired a new 24-foot refrigerated truck from Walmart Foundation for our rapidly growing retail store pick-up program

Acquired a new refrigerated mobile food pantry through Kraft Foods Foundation, increasing Food Mobile deliveries from 53 to 92

Increased the amount of food delivered through the Food Mobile program 75%, equaling 670,000 pounds of food to needy families statewide

Provided meals for more than 36,000 Mainers per week, distributing nearly 12 million pounds of food to the needy

Distributed 350,000 pounds of locally grown food purchased through our new Mainers Feeding Mainers project

Purchased over \$1.5 million worth of food at wholesale to assure that our agency partners had an adequate supply of fresh and nutritious food

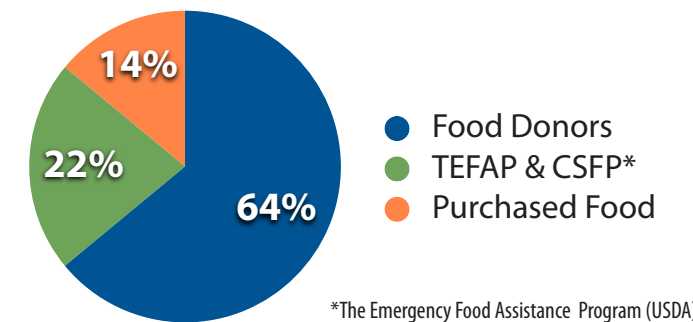
Saved our partner agencies more than \$14 million in food related expenses

Launched our Cooking Matters program in partnership with Share Our Strength to provide low-income adults and youth with cooking and nutrition classes

Proudly honored Larry Wold, President TD Bank-Maine with the 2010 JoAnn Pike Humanitarian Award

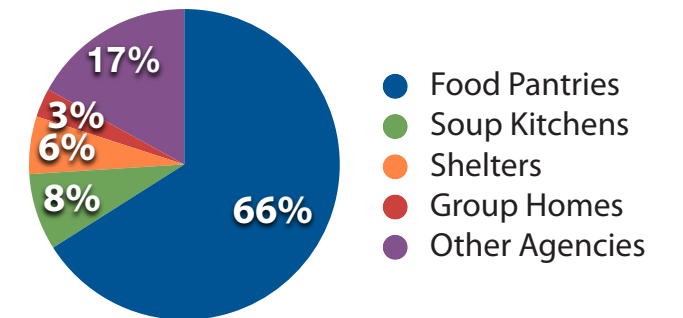


FOOD SOURCES BY POUNDS



*The Emergency Food Assistance Program (USDA) and Commodity Supplemental Food Program (USDA)

DISTRIBUTION BY AGENCY TYPE



2010 PROGRAMS

FOOD SURPLUS & DONATED FOOD ACQUISITION

Our core program - acquiring surplus and donated food from food retailers, growers and distributors, as well as from community food drives. In 2010, the Food-Bank distributed 12 million pounds of food. Of this, 6.5 million pounds were acquired through the Surplus and Donated Food Acquisition program.

MAINERS FEEDING MAINERS

2010 was the first year of our Mainers Feeding Mainers project, a dynamic new component of our Purchased Food Program. The objective of the initiative is to develop local food channels through purchase partnerships with Maine farmers, dairy operators and fisheries. In the first year of operation the initiative acquired 350,000 pounds of Maine produce for needy families statewide - while also helping Maine's struggling food production industries. Planning also began for development of pilot food processing operations to preserve Maine grown food for year-round distribution.

FOOD MOBILE

In 2010 the Food Mobile provided record distribution of emergency and supplemental food to meet growing demands created by the ongoing economic crisis. Thanks to the award of a new refrigerated mobile food pantry by Kraft Foods Foundation, our two Food Mobiles hit the road a total of 92 times to all corners of the state, delivering nearly 700,000 pounds of food in response to emergency needs - a 75% increase over the previous year.

PURCHASED FOOD

Starting in 2007 we intensified our efforts to purchase food at wholesale to meet our agencies' need for more high-protein items (fish, meat, cheese, peanut butter) and fresh fruits and vegetables. We began negotiating wholesale purchases and obtaining funding to further subsidize these items. The program grows substantially each year. In 2010, nearly 2 million pounds of select food items were purchased by the Food-Bank.

COOKING MATTERS

In partnership with Share Our Strength, we launched the Cooking Matters nutrition education program in 2010. Cooking Matters provides low-income people at risk of hunger with hands-on cooking and nutrition classes led by volunteer professional chefs and nutritionists. We offer six-week Cooking Matters classes geared for adults, pre-teens, teens, families and young parents. All classes focus on how to prepare highly nutritious, great tasting meals on a very tight budget.

AGENCY MATCH PROGRAM

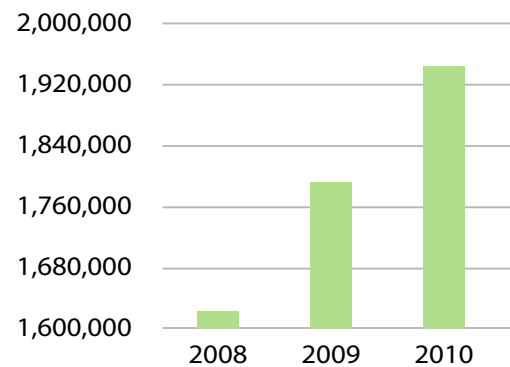
The Agency Match Program effectively doubles the power of our agencies to acquire food by matching hunger relief dollars raised by our partners within their communities. Each dollar raised translates into \$16 worth of food when matched through this program. In 2010, the program resulted in \$1.7 million worth of additional food for our agencies to pass along to needy Maine families and individuals.

USDA FOOD DISTRIBUTION PROGRAMS (TEFAP & CSFP)

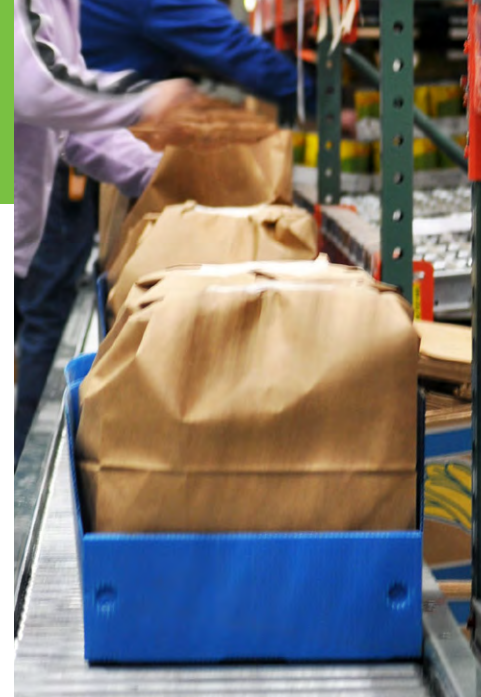
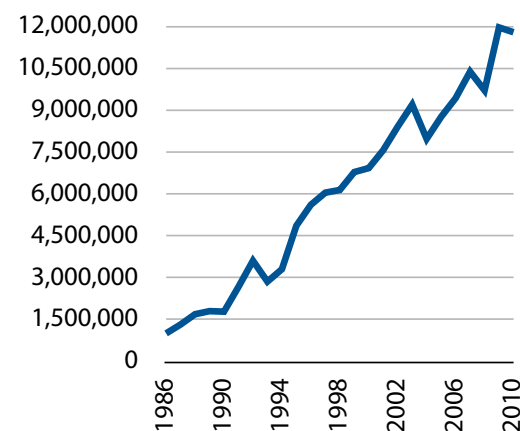
The Emergency Food Assistance Program (TEFAP) and the Commodity Supplemental Food Program (CSFP) represent partnerships between the Food-Bank and the Department of Agriculture at federal and state levels. Through these programs we made commodity items such as mixed fruit, walnuts, asparagus, salmon, frozen orange juice and strawberries available to eligible agencies and individuals statewide. In 2010, we distributed over 2.3 million pounds of TEFAP and CSFP food to needy Mainers throughout the state.



GROWTH IN POUNDS OF WHOLESALE FOOD PURCHASES



HISTORY OF GOOD-SHEPHERD FOOD-BANK POUNDAGE DISTRIBUTED



MOBILIZING TO MEET GROWING NEEDS

2010: A Year of Confronting the Food Crisis Head-On

New refrigerated trucks. New warehouse mechanizations. New online food ordering systems. New local food channels. New nutrition education classes for needy families. New advanced truck routing systems and software. A new distribution center in Portland. 2010 was the year Good Shepherd Food-Bank mobilized in historic ways to meet a growing food crisis for nearly 200,000 Mainers. It was also a year for new levels of statewide leadership – for bringing strategic thinking to the prevention and elimination of hunger in Maine.

UPGRADING AND EXPANDING OUR FLEET

In 2010, the Food-Bank added four new vehicles bringing our growing fleet of trucks to ten. Thanks to the Kraft Foods Foundation, we gained a new refrigerated mobile food pantry for our Food Mobile program. Walmart Foundation awarded us a new 24-foot refrigerated truck for our retail store pick-up program. USDA provided funds for the purchase of a late model refrigerated tractor-trailer combination for our long-distance food distributions. And we added one of our most versatile vehicles, a used pick-up truck, thanks to an individual supporter.

INCREASING NUTS-AND-BOLTS EFFICIENCIES

In 2010, we installed state-of-the-art upgrades to our main warehouse operations in Auburn. We installed a mechanized conveyer system for the in-bound food inspection and sorting section of the warehouse to move millions of pounds of incoming food more safely and efficiently. With our high-tech bar-coding and data entry systems for better tracking and inventorying, and a new online ordering system for our hunger relief partners, we now have a 21st century system for moving more food quickly and safely to people in need.

In 2010, we also opened a 20,000 square foot distribution center with administrative offices in Maine's largest city, Portland, to better serve our hunger relief partners throughout the city and southern Maine. By the end of the year we began installing large refrigeration and freezer units at the facility.

EXPANDING FOOD CHANNELS AND EDUCATIONAL RESOURCES

In 2010, we launched our Mainers Feeding Mainers project to prime the flow of food from Maine's farms, dairies and fisheries to needy Maine families. We also formed a partnership with the Junior League of Portland to launch a pilot Back Pack Program to combat childhood hunger in the Portland school district. Mainers helping Mainers came in other forms as well, as professional chefs and nutritionists volunteered through our new Cooking Matters program to provide 6-week courses for low-income people in the preparation of tasty and nutritious meals on a tight budget.

STRATEGIC PLANNING FOR ENDING HUNGER

Good Shepherd Food-Bank continued in 2010 to take the lead in mobilizing efforts across Maine by community and state leaders to confront hunger. Leaders Ending Hunger meetings organized by the Food-Bank began convening regularly to discuss issues of hunger and to bring about innovative solutions to end it.

SUPPORT AND REVENUE

2010 TOTAL*

Donated Food	13,097,269
Agency Fees	1,716,238
Contributions	2,342,199
Grants	666,968
USDA and Other	115,251

TOTAL SUPPORT AND REVENUE

17,937,925

EXPENSES

Program Services -	
Food Distribution	15,948,223
Community Education	99,929
General Administrative	376,947
Fundraising	552,621

TOTAL EXPENSES

16,977,720

CHANGE IN NET ASSETS

960,205

* The FY2010 financial statement represents a shortened (9 month) period due to a change in fiscal dates. The period covered is 10/1/2009-6/30/2010.

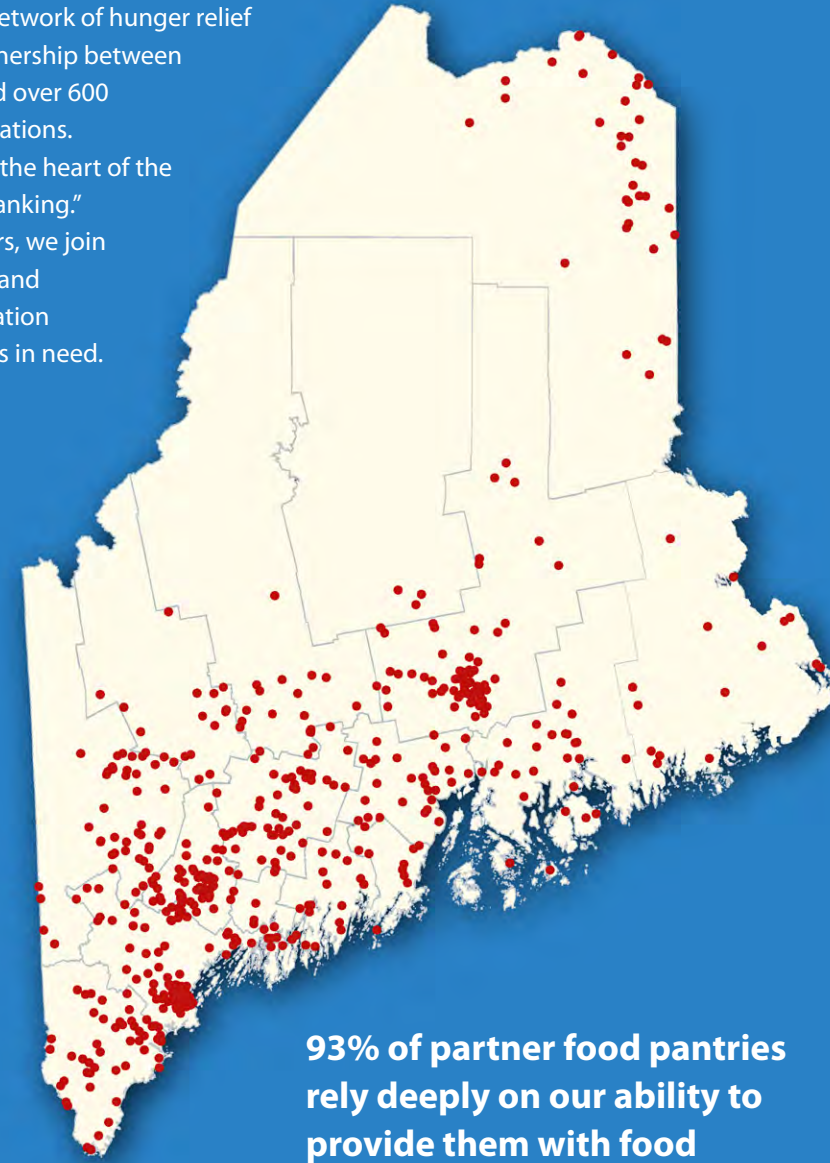


Preserving Deep-Rooted Traditions of Mainers Helping Mainers in Need

Good Shepherd Food-Bank is only one part of a network of caring people, mostly volunteers, working within their communities and places of worship to make sure their neighbors get the food they need. These are the people at the front-lines. Many have themselves needed help at one time.

This widespread network of hunger relief providers is a partnership between the Food-Bank and over 600 non-profit organizations.

This network is at the heart of the "miracle of food banking." With these partners, we join together to safely and without discrimination help our neighbors in need.



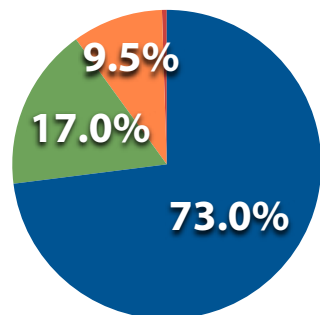
93% of partner food pantries rely deeply on our ability to provide them with food

Food pantries say the loss of Good Shepherd Food-Bank would either be "devastating" (66%) or have "significant impact" (26%) on their local hunger relief efforts.*

*From Feeding America report, *Hunger in America 2010*

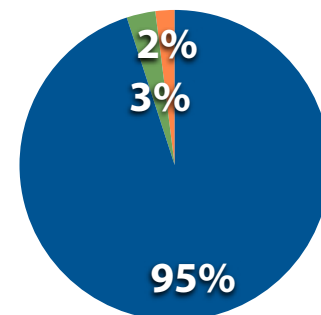


REVENUE BY SOURCE



- Donated Food
- Contributions & Grants
- Agency Fees
- USDA & Other (.5%)

EXPENDITURES BY FUNCTIONAL ALLOCATION



- Food Distribution & Community Ed
- Fundraising (3%)
- Administration (2%)