



## KEY STATISTICS

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### HUNGER FACTS

- Nearly **49 million Americans** (14.5% of the population) struggle with hunger
- 15.4 percent of Maine households, or approximately **200,000 people**, are at risk of hunger
  - Maine ranks 13<sup>th</sup> in the nation and 1<sup>st</sup> in New England in terms of *food insecurity*
  - Maine ranks 6<sup>th</sup> in the nation in terms of *very low food security*
- 24.6 percent of Maine children, or **1 in every 4 kids**, are food insecure (68,950 children)
- The number of food insecure in our state has been increasing steadily in recent years, with a large increase coinciding with the worst of the recession from 2008-2009
- Approximately **18 percent** of Mainers are using food stamps
- **43 percent** of Maine's food insecure population makes too much to qualify for food stamps and must rely on the charity food assistance network
- **One in three jobs** in Maine does not pay enough to cover the basic needs of a family

### ABOUT THE FOOD-BANK

- In 2010, the Food-Bank distributed **12 million pounds** of food to more than **600 partner agencies** in every county in the state
- The Food-Bank helps to provide meals for more than **36,000 hardworking Mainers every week**
- The Food-Bank serves **107,900 unique individuals** each year
- The Food-Bank distributes enough food to provide **25,000 meals a day**, every day of the year
- **40 %** of people served by Good Shepherd Food-Bank's network are children
- **56 %** of people served by Good Shepherd Food-Bank's network report having to choose between paying for food and paying for heat or other utilities
- **40 %** choose between paying for food and paying for medical expenses

### CONVERSIONS

- For every \$1 donated to the Food-Bank, \$8 worth of food can be distributed to partner agencies
- A gift of \$1 equals 3 meals for a Mainer in need
- A gift of \$10 will feed a hungry child for 10 days
- A gift of \$100 provides meals for a family of 3 for over a month