

September 2014

HungerActionMonth.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Labor Day</i> Collect food from BBQ guests for your local pantry	2 Post this calendar on the office fridge	3 Find us and “Like” us on Facebook @FeedingMaine	4 Hunger Action Day!™	5 Make your Facebook profile “Turn Orange for Hunger Relief™”	6 Donate 30 nonperishable items to the food bank
	7 <i>Grandparents Day</i> Send a donation to the Food Bank in honor of your grandparents	8 Learn more about volunteering at Good Shepherd Food Bank	9 Plan a food drive competition among friends	10 View hunger statistics for your county at <i>Map the Meal Gap</i>	11 View Food Bank videos on YouTube by searching FeedingMaine	12 Volunteer at the Food Bank or your local pantry or meal site
14 Donate a grocery store gift card to your local pantry	15 Bookmark our website: feedingmaine.org	16 Organize a Tuna Tuesday food drive	17 Add your support to Feeding America’s <i>Feeding a Strong Future</i> pledge on Facebook	18 Read the results of the <i>Hunger in America</i> study on the Food Bank’s website	19 Write a letter to a newspaper editor or post a blog about hunger	20 “Like” Feeding America on Facebook
21 Blog, tweet or post on Facebook about Hunger Action Month	22 Make coffee at home this week. Donate the savings to the Food Bank.	23 Share information about hunger in Maine with your state elected officials	24 Organize a brown bag lunch and hunger discussion with co-workers.	25 Tour Good Shepherd Food Bank with friends & family	26 Register to vote or encourage others to register	27 Watch the film <i>A Place at the Table</i>
28 Honor the “Hunger Heroes” in your community	29 Follow Good Shepherd Food Bank on Twitter @FeedingMaine	30 Sign up for our email newsletter to stay in touch!	Learn more about Hunger Action Month and Good Shepherd Food Bank’s work to end hunger in Maine by visiting www.feedingmaine.org .			