





Nutritious Food for All.

At the end of each year, we tally up the figures and look back on the number of meals distributed and people served with nutritious food throughout our state. Our Annual Report gives us a place to share those accomplishments with the people who make our work possible—our generous donors.

In 2016, Good Shepherd Food Bank distributed 25.5 million pounds of food, or more than 21 million meals, for our neighbors in need. We have seen a significant shift toward perishable food in recent years. Currently, 67 percent of the food we distribute is fresh product, including meat, dairy, produce, and nearly two million pounds of fruits and vegetables from Maine farmers. We partner with 400 local agencies—food pantries, meal sites, schools, shelters, and other community-based organizations—to reach Mainers in all 16 counties.

Our work this year was about more than just numbers. It was about people. The dedicated volunteers who give their time to help make sure their neighbors have enough to eat; the donors who know that investing in creating a healthy, hunger-free Maine will benefit us all; and especially the people we serve, like Elton and Zoey, who you will see in the pages of this report.

Thank you for your support over the past year and for your help going forward. Together we are making life better for Maine families, children, and seniors who need a helping hand to get back on their feet. All Mainers deserve access to nutritious food. With your help, we will continue to work toward our goal of providing *nutritious food for all*.

With Gratitude,

YSvictor Misla

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Barbara Gagne, Secretary TD Bank

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"I'm a veteran of the U.S. Navy and have decades of experience as a welder. But recently I've been homeless and I've struggled. Every day it's 'what am I going to eat today? How am I going to get my laundry done? How am I going to bathe myself?' Coming to the food pantry has helped a lot. The food I get here helps me focus on finding work."

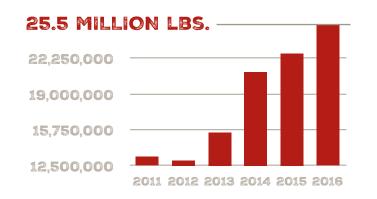
ELTON KNOX COUNT

nourish

Good Shepherd Food Bank distributed 25.5 million pounds of food in 2016, equivalent to more than 21 million meals for Maine families facing hunger.

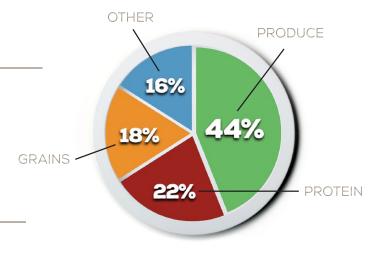
Our goal is to ensure that all Mainers have access to enough nutritious food, when and where they need it. In 2016, we made progress toward this goal by distributing more meals than ever before and increasing the proportion of healthy food we provide.

HISTORY OF POUNDS DISTRIBUTED



TYPES OF FOOD DISTRIBUTED

Of the products we distributed in 2016, 70 percent were "Foods to Encourage," our metric for healthy foods.



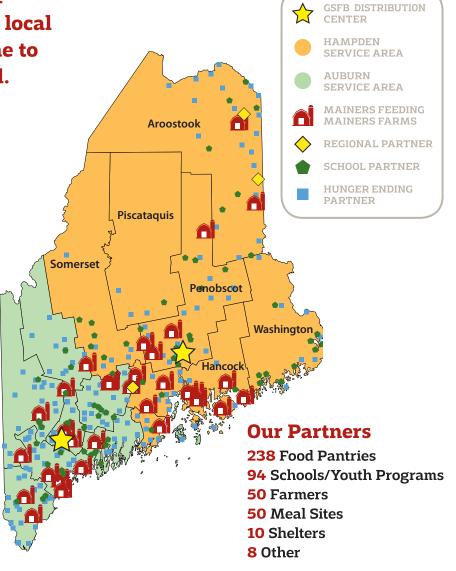
connect

Good Shepherd Food Bank partners with hundreds of local organizations across Maine to feed our neighbors in need.

In 2016, we partnered with more local farms than ever before. We work with farmers ahead of the growing season to determine what crops we will purchase from them. Many of our farm partners distribute directly to their local food pantries and meal sites.

In September, Good Shepherd
Food Bank was awarded
\$3 million from the
Finance Authority of Maine
to increase purchases from
Maine farmers.

We plan to go from 50 farm partners to 80 by 2019 and grow distribution of healthy, local foods by 30 percent.





"My mom works hard for me and my brother, so that we can have a roof over our head. In the summer I go to the lunch program so I can get free lunch. It's really fun and you can make a lot of friends there. Without the lunch program, I would probably be really sad. I want to say thank you to the people who make it a little easier for my mom, because they provide food for me."

ZOEY, PENOBSCOT COUNTY



empower

Food is more than just food—it can improve health, bring comfort and confidence, and help stabilize lives.

Good Shepherd Food Bank is working on long-term strategies to empower people and help them on their path out of poverty. By partnering to pair food with other resources, such as cooking and nutrition education, educational enrichment, and health care services, the Food Bank is investing in solutions to end hunger in Maine.

Child Hunger Programs: Through School Pantry, BackPack, Kids Café, and Summer Meals programs, the Food Bank is reaching kids when school meals are not available. We served more than 600,000 meals to 5,000 children through our Child Hunger Programs in 2016.

Health Care: This year we began collaborating with health care organizations to help reduce the negative impact of food insecurity on health outcomes. In 2016 Good Shepherd Food Bank partnered with 12 health care organizations to host mobile food distributions, help implement patient food insecurity screening and referral to food resources, and pilot direct distribution of food boxes in health care settings.

Cooking Matters

Cooking Matters is a hands-on cooking and nutrition education program for low-income families, offered statewide in partnership with Maine SNAP-Ed. Participants learn to shop for nutritious food on a budget and prepare meals that are both healthy and delicious.

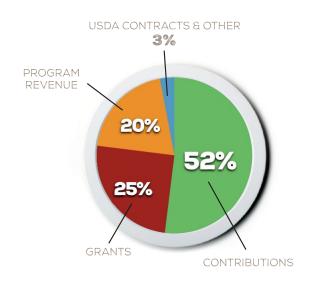


2016 financials

| SUPPORT & REVENUE | 2016 TOTAL |
|--|--------------|
| Contributions | |
| General Contributions | 4,135,243 |
| Special Event Contributions | 287,063 |
| In-Kind Contributions (non food) | 112,188 |
| Grants | 2,210,002 |
| Program Revenue | 1,788,082 |
| USDA Contracts | 224,826 |
| Other Revenue | 18,295 |
| Investment Return | (999) |
| Gain on Sale of Assets | 10,791 |
| Interest and Dividends | 1,375 |
| Subtotal Revenues (Before In-Kind Food Donations) | 8,786,866 |
| In-Kind Food Donations | 40,058,035 |
| TOTAL REVENUES | \$48,844,901 |

REVENUE SOURCES

(EXCLUDING IN-KIND FOOD DONATIONS)



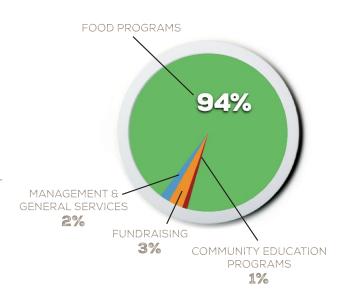
EXPENSES & LOSSES

| Food Programs | |
|------------------------------|------------|
| Value of Donated Food | 40,058,035 |
| Food Distribution | 4,939,991 |
| Community Education Programs | 534,988 |
| Supporting Services | |
| Management and General | 753,106 |
| Fundraising | 1,251,448 |
| Total Expenses | 47,537,568 |
| Loss on Impairment of Assets | 345,613 |

TOTAL EXPENSES & LOSSES \$47,883,181

Change in Net Assets 961,720

EXPENDITURES BY FUNCTIONAL ALLOCATION



SOURCES OF FOOD



FOOD INDUSTRY DONATIONS



USDA



MAINE FARMS



PURCHASED



FOOD DRIVES

hunger heroes

MAJOR FOOD DONORS

(10,000+ Lbs)

- Backyard Farms
- BJ's Wholesale Clubs
- Bow Street Market
- Catholic Charities
- Charleston Correctional Facility
- Cherryfield Foods
- Crown of Maine
- Friends of Aroostook
- Green Thumb
- Hannaford Supermarkets
- HP Hood
- L&L Paradis Inc. Potato
- Lepage Bakery
- Market Basket
- North Center Foods
- Ocean State Job Lot
- Odwalla
- Paradis Shop'n Save
- Pepsi Bottling Group

- Pete & Gerry's Organic Eggs
- Pine State Trading
- Pineland Farms Potato Company
- Poland Spring Bottling
- R. Belanger & Sons Farm
- RC Moore
- Reny's
- Ricker Hill Farms
- Sam's Clubs
- Save-A-Lot
- Schlotterbeck & Foss
- · Shaw's
- Smith Farm
- SYSCO of Northern New England
- Target
- Trader Joe's
- Walmart
- Wyman's of Maine

- (\$25,000+)
- AnonymousEstate of Elinor L. Soule
- John and Deborah Darling

INDIVIDUAL FINANCIAL DONORS

- Mr. and Mrs. Robert Fuller
- Frank and Deborah Pecoraro
- Estate of Carl Polson
- Estate of Jeremy Strater
- Elizabeth Strout and Jim Tierney
- (\$10,000+)
- Paul and Paulette Belanger
- Stephen and Susan Grant
- Howard and Margery Huemmler
- Rebecca Stanley and Charles Jacobs
- Ruth and David Lind
- Estate of Richard Randall
- David and Martha Reifschneider
- Robyn Roope
- David and Beverly Sherman
- Bennet and Jennifer Wilson

(\$5,000+)

- Leslie Abrons
- Paul Coulombe
- John Orestis and Barbra Crowley
- Mr. and Mrs. William Findeisen
- Joan Fink
- David and Yvonne Fuller
- Steven and Debbie Greene
- Frank and Nancy Howell
- Dr. and Mrs. Douglas Howell
- Joseph Long, DDS and Carole Long
- Mr. and Mrs. James E. Marble
- Susan Mendleson
- Susai i Menulesoi
- David Osborne
- Richard and Roxana Pratt
- John Riley
- Donna Roggenthien and Ronald Leeking
- John Ryan and Jenny Scheu
- Jean Scanlan
- John and Eleanor Schiavi
- David Sherman Jr., and Martha Burchenal
- Paul and Vicki Skydell
- Kenneth Smaha
- Foster Stewart, Jr. and Laurie Stewart
- Drs. Thomas and Carol Vaughan
- Frederick and Heather Veitch
- Timothy Wyant
- Jane Yudelman

CORPORATE & FOUNDATION FINANCIAL DONORS

Leadership Partners (\$25,000+)

- Bank of America Cheritable Foundation
- Bill and Joan Alfond Foundation
- Darling's
- Doree Taylor Charitable Foundation
- Ford Motor Company
- Fortin Foundation of Florida
- General Mills
- Hannaford Supermarkets
- Harris Mathews Charitable Foundation
- Jane's Trust Foundation

- Kennebunk Savings Bank Foundation
- Maine Credit Union League
- New Balance Foundation
- Quimby Family Foundation
- Sam L. Cohen Foundation
- Sandy River Charitable Foundation
- Stephen and Tabitha King Foundation
- TD Charitable Foundation
- The Walt Disney Company
- Walmart Foundation

Sustainers (\$10,000+)

- Albertsons Company Foundation
- Appreciation of Christ Fund
- Bangor Savings Bank Foundation
- Birch Cove Fund
- Brooks Family Foundation
- C&L Aviation Group
- Comic Relief Inc. Red Nose Day Fund
- Dead River Company
- Diversified Communications
- Elizabeth Ann Leach Charitable Trust
- Emera Maine
- Enterprise Holdings Foundation
- Fisher Charitable Foundation
- Gwendolen Elwell Flanagan Foundation
- Harvard Pilgrim Health Care Foundation
- Helen and George Ladd Charitable Corp.
- John T. Gorman Foundation
- Joy in Childhood Foundation
- Kendal C. and Anna Ham Charitable Foundation
- Kendel H. Kennedy Fund of Ethel and W. George Kennedy Family Foundation

- Morgan Stanley
- Morton-Kelly Charitable Trust
- Narragansett Number One Foundation
- NRF Distributors
- Procter and Gamble
- PW Sprague Memorial Foundation
- PwC Charitable Foundation
- Robert & Marjory Ramsdell Fund of the ME Community Foundation
- Share Our Strength
- Stone Coast Fund Services
- TD Bank
- The Betterment Fund
- The Grainger Foundation
- The Grainger Foundation
 The Herbert E. Tyler and Grace M. Tyler Foundation
- Grace IVI. Tyler Fouridati
- The Hudson FoundationThe Liberty Family Foundation
- Thomas W. Haas FundTJX Foundation

- Cultivators (\$5,000+)
- Allagash Brewing CompanyAndroscoggin Bank's
- MainStreet Foundation
- Anonymous
- b. peachee inc.
- Bangor Federal Credit Union
- Bangor Rotary CharitiesBJ's Charitable Foundation
- Clark Insurance
- Coombs-Robbins Trust Fund
- Eaton Peabody
- Family Dollar
- GarrandPartnersGorham Savings Bank
- Harpoon Brewery/Mass Bay Brewing Co.
- HP Hood
- IDEXX Laboratories
- Kellogg Company
- Maine Health Access Foundation

- Margaret E. Burnham Charitable Trust
- North Country Associates
- Oakhurst Dairy
- Peat Fund of Philadelphia FoundationPrudential Financial
- Sibley-Saltonstall
 Charitable Foundation
- The Alfred M. Senter Fund
- The Anne Randolph Henry Charitable Foundation
- Charitable Foundation
- The Maine Real Estate NetworkThe Miley Foundation

• The Harper-Egginton

- The Strainrite Companies
- The William JJ Gordon Family Foundation
- TJX Companies
- WEX









Thank you for giving your time and talent.

Volunteers are a critical part of our mission at Good Shepherd Food Bank. In 2016, volunteers contributed more than 22,000 hours of service to our organization—not to mention the countless hours dedicated by thousands of volunteers at our partner food pantries and meal sites across the state. To our volunteers—thank you! Your passion is inspiring and your impact is invaluable.



feedingmaine.org









