

# ANNUAL REPORT — 2017 —



**Good Shepherd**  
FOOD BANK OF MAINE

*partnering to end hunger*





# Everyone deserves access to nutritious food.

This simple statement is what drives us. Whether you're an older Mainer living on a fixed income, a working parent trying to make ends meet, a child striving to learn in school, or you're simply going through a difficult time in life – everyone should have access to healthy food.

Ideally, everyone in our state would have the resources they need and we wouldn't need an organization like Good Shepherd Food Bank to take up this cause. But, given the need, we are so grateful to supporters like you, who make it possible for Good Shepherd Food Bank to distribute nearly 24 million meals a year to Mainers in need.

Staff and volunteers at Good Shepherd Food Bank are gearing up for continued innovation and growth in 2018. With a new year comes new opportunities to meet the challenges we face as a community. It also offers us the chance to look back on the year past and say thank you to those who have supported our mission.

On the pages of our Annual Report you'll read about the ways in which we're meeting the need for hunger relief services today, while working toward long-term solutions for the future. We're growing our network by partnering with more healthcare providers to serve people who are experiencing hunger and poor health. We're working with more Maine farms than ever before to source fresh, nutritious foods for our neighbors in need. And we're raising funds for a large renovation project in our Hampden Distribution Center, to better serve Central, Northern, and Downeast Maine.

You'll also read about some of the resilient and hopeful people we served in 2017, including Kathy and Billy Jo. Thanks to the support of generous donors across Maine, the Food Bank was able to serve more than 178,000 people struggling with hunger all across Maine. You help us, and in turn we are able to help seniors, working parents, children, and others in their time of need.

Let's keep up the good work in 2018.

With Gratitude,

*Kristen Miale*

Kristen Miale, President

## Executive Committee:

**Mike Harris, Chair**

Risk Management Consulting

**Michelle Hayes, Vice Chair**

SKH Human Resource Solutions

**Robert Moore, Treasurer**

Goodwill Industries of NNE

**Barbara Gagne, Secretary**

Retired

## Board Members:

**John Bennett**

Oakhurst Dairy

**Kevin Carleton**

Reflexis Systems, Inc.

**Bruce Daman**

Hannaford Supermarkets

**Jim Darroch**

Backyard Farms

**Stacey Haskell**

Bangor Savings Bank

**John Nutting**

Erik Olson  
Financial Services

**Victoria Rogers, M.D.**

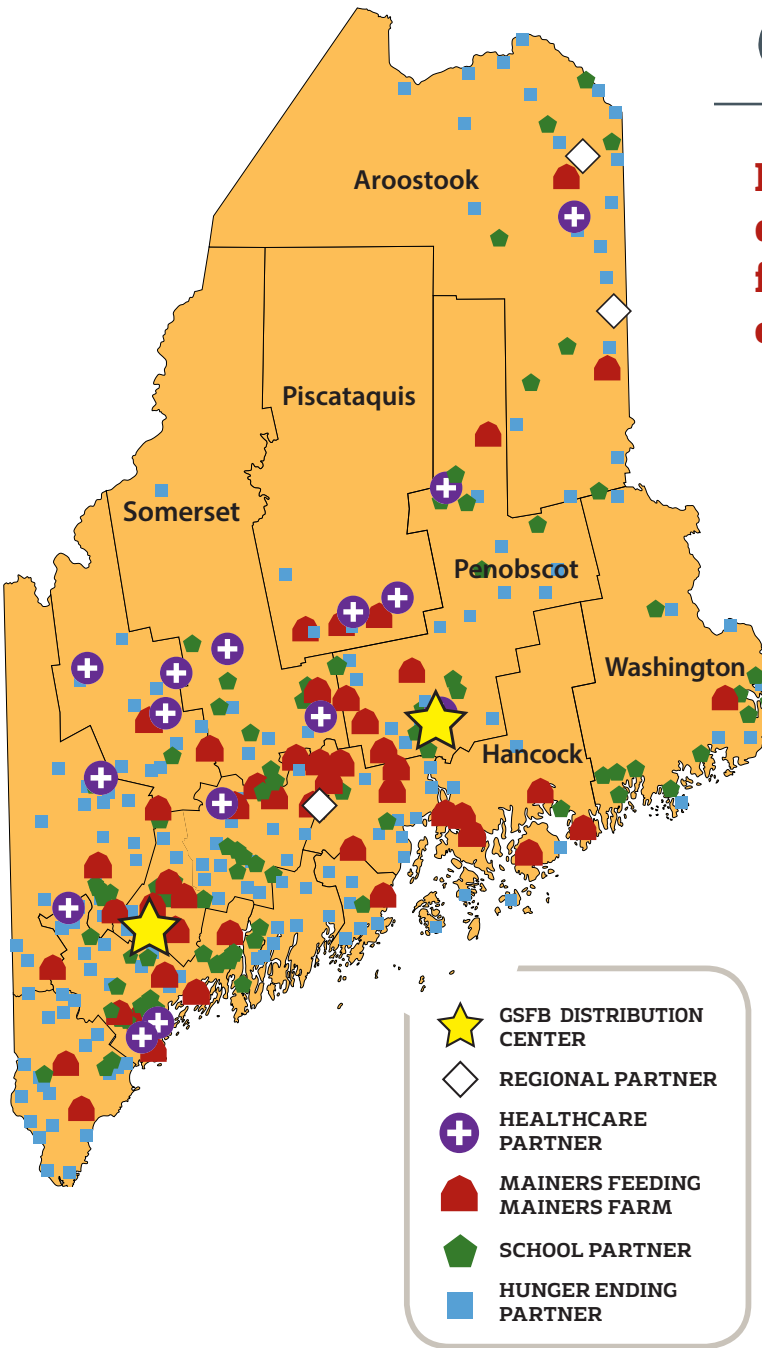
Barbara Bush Children's Hospital

**Ben Sprague**

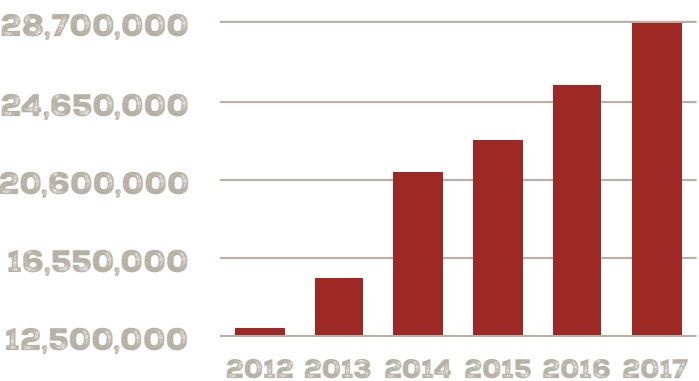
First National Bank

**Bill Williamson**

Bank of America



## HISTORY OF POUNDS DISTRIBUTED



## OUR NETWORK

**In 2017, Good Shepherd Food Bank distributed 28.7 million pounds of food through our statewide network of more than 400 partners.**

The Food Bank has a **bold goal** to fill Maine's meal gap. We're working to ensure that by 2025, every person in Maine has access to the healthy food they need, when and where they need it. By steadily increasing distribution of nutritious food each year, we're on track to meet this goal.

## Network Advisory Council

Our Network Advisory Council, made up of representatives from the Food Bank's network of partners, helps guide the Food Bank and shares knowledge from across the state.

**Katie Brown**

The Locker Project, Portland

**Charlene Buzza**

GIFT (Grace Interfaith Food Table), Presque Isle

**Rob Crone**

Eastern Area Agency on Aging, Bangor

**David Dawson**

Greater Waterville Area Food Bank, Waterville

**Sue Hahn**

Hampden Neighborhood Food Cupboard, Hampden

**Wendy Harrington**

Maine Seacoast Mission, Cherryfield

**Leiza Hiltz Scerbo**

Care And Share Food Closet, Farmington

**Karen King**

Dover-Foxcroft Area Food Cupboard, Dover-Foxcroft

**Betty Morrell**

Faith Food Pantry, Gardiner

**Don Morrison**

Wayside Food Programs, Portland

**Rich Norman**

St. Bernard's Soup Kitchen, Rockland

**Lee Upton**

High Street Congregational Church Food Pantry, Auburn

**Patti Wright**

Northport Food Pantry, Northport



# OUR PROGRAMS



**In 2017, the Food Bank continued to focus on targeted interventions to reduce food insecurity among our most vulnerable populations—children, seniors, and people facing health challenges.**

## Youth & Family Initiatives:

Through our School Pantry, Backpack, Kids Café, and Summer Meals programs, the Food Bank served more than 8,000 children with more than 700,000 meals throughout 2017. By focusing efforts on children, we're aiding overall health and educational attainment, thereby reducing the likelihood they will struggle with food insecurity as adults.

## Community Health & Hunger:

We work with health centers across Maine to screen patients for food insecurity and offer emergency and ongoing resources for patients who struggle to access enough food. In 2017, we partnered with 15 healthcare partners to screen and serve 1,400 patients. Food insecurity compounds the effects of illness and can make recovery nearly impossible for people struggling with chronic diseases such as high blood pressure and diabetes. Offering nutritious food can be a prescription for better health.

## Cooking Matters

In 2017, Good Shepherd Food Bank offered 316 Cooking Matters classes and grocery store tours, reaching more than 5,400 Mainers with crucial information about how to shop for healthy foods on a tight budget and prepare nutritious meals at home. Classes are offered in all 16 counties through partnerships with Maine SNAP-Ed, Eat Well Nutrition Program, 5-2-1-0, and other community organizations. All groceries for the program are generously donated by Hannaford Supermarkets.



# FACES OF HUNGER

## Kathy

Kathy has had her share of difficulties in recent years. Due to her modest retirement income she does not qualify for SNAP benefits (food stamps), but she struggles to cover all her basic needs. She recently had to downsize from the home she loved because she just couldn't afford the maintenance. Then came a medical diagnosis that required her to become a vegetarian, but the cost of all the fresh produce at the grocery store was too much for her budget to bear. Now Kathy finds herself at the food pantry every other Friday. "I never planned on having to come to a food pantry, but I'm so glad it's here," said Kathy. "The money just doesn't stretch far enough." Kathy is grateful for the access to the fresh produce her diet requires. "I've learned so many new recipes and really love all the vegetables I get here!"



## Billy Jo

Billy Jo has been coming to her town food pantry for about two years. She and her husband are feeding four teenagers. Her husband works at a processing plant, and she stays home with the kids who depend on her a lot. She cooks for everyone, including their friends. "I'm always helping the neighborhood kids, whether they have a problem or need a meal. Cooking is my sanctuary." With only one income in the family, it's hard to pay all the bills and have enough to buy food. During the school year, the kids get breakfast and lunch at school, but during summers and holidays the family doesn't always have enough food. "At the food pantry I love getting the meats, because that's what we run out of most often. The kids also like to eat salads, so I appreciate all the vegetables."

"I really appreciate all the help you give to this community," said Billy Jo. "Many are even worse off than we are. This food makes a difference for our family too, especially in those times where we've had to live day-to-day, so thank you!"





2017 FINANCIALS

SUPPORT & REVENUE2017 TOTAL

Private Contributions	
General Contributions	5,493,122
Special Event Contributions	246,352
In-Kind Contributions (non food)	101,895
Grants	1,753,033
Public Support*	2,985,000
Program Revenue	1,427,713
USDA Contracts	436,500
Other Revenue	18,461
Investment Return	8,349
Interest and Dividends	14,646
Subtotal Revenues (Before In-Kind Food Donations)	12,485,071
In-Kind Food Donations	40,058,035

TOTAL REVENUES\$52,543,106

\*One-time grant from the Fund for a Healthy Maine

EXPENSES & LOSSES

Food Programs	
Value of Donated Food	43,718,188
Food Distribution	5,708,835
Community Education Programs	587,767
Supporting Services	
Management and General	758,697
Fundraising	1,363,758
Total Expenses	52,137,245
Loss on Impairment of Assets	32,491

TOTAL EXPENSES & LOSSES\$52,169,736

Change in Net Assets1,693,405

SOURCES OF FOOD



FOOD INDUSTRY DONATIONS



USDA



MAINE FARMS



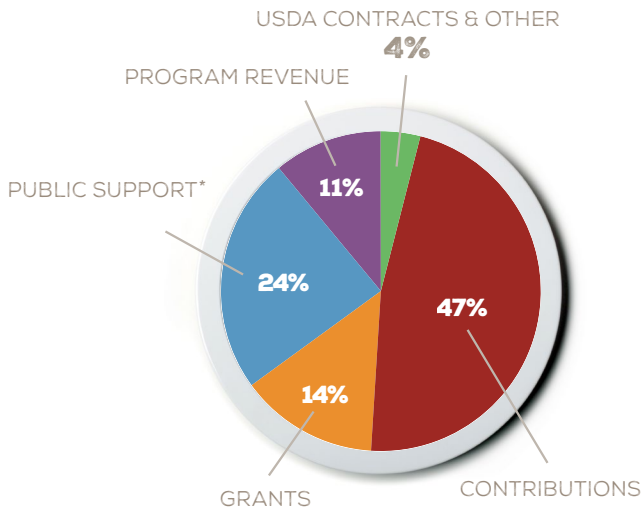
PURCHASED



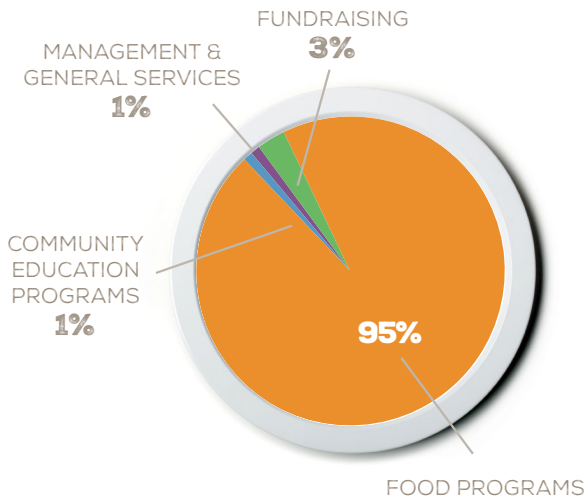
FOOD DRIVES

REVENUE SOURCES

(EXCLUDING IN-KIND FOOD DONATIONS)



EXPENDITURES BY FUNCTIONAL ALLOCATION



HUNGER HEROES

(JANUARY–DECEMBER 2017)

MAJOR FOOD DONORS (10K+ LBS)

Backyard Farms	Pepsi Bottling Group
Bayside Shop'n Save	Poland Spring Bottling
Belanger Farms	Prime
Bell Farms	Reny's
BJ's Wholesale Clubs	Sam's Clubs
Bow Street Market	Save-A-Lot
Catholic Charities	Shaw's
Cherryfield Foods	Smith Farm
Conagra Food Brands	Smithfield Packing Co.
Friends of Aroostook	Spiller Farm
Hannaford Supermarket	SYSCO of Northern New England
Hillandale Farms	Target
HP Hood	Town & Country Foods
Kellogg's Company	Trader Joe's
Lepage Bakery	Tradewinds Shop'n Save
Market Basket	Turbana
Mid Coast Hunger Prevention Program	Twin Villages Foodbank Farm
National Distributors	Walmart
North Center Foods	Wayside Food Rescue
Oakhurst Dairy	Wilcox Fresh
Ocean State Job Lot	Windham Butcher Shop
Paradis Shop'n Save	

CORPORATE & FOUNDATION FINANCIAL DONORS

\$1,000,000

Next Generation Foundation

\$100,000-\$999,999

BJ's Charitable Foundation  
Hannaford Charitable Foundation  
Hannaford Supermarkets  
Sandy River Charitable Foundation  
Walmart Foundation

\$25,000-\$99,999

Bangor Savings Bank Foundation  
Bank of America Charitable Foundation  
Bill and Joan Alfond Foundation  
Cornelia Cogswell Rossi Foundation, Inc.  
Doe Family Foundation  
Feeding America  
Ford Motor Company  
Fortin Foundation of Florida, Inc.  
Harris Mathews Charitable Foundation  
Kennebunk Savings Bank Foundation,  
Huntington Common Charitable Fund for Seniors  
Libra Foundation  
Ludcke Foundation  
Maine Credit Union League  
New Balance Athletic Shoe, Inc.  
PR Restaurants, LLC  
TD Charitable Foundation  
The Windover Foundation

\$7,500-\$24,999

Albertsons Companies Foundation,  
Entertainment Industry Foundation  
Anthem Inc. Foundation and  
Social Responsibility  
Bar Harbor Bank & Trust  
Brooks Family Foundation  
Clark Insurance  
Comic Relief Inc. Red Nose Day Fund  
ConAgra Foods Foundation  
Darden Foundation and Community Affairs  
Dead River Company  
Diversified Communications  
Eaton Peabody  
East Point Fund of the  
Maine Community Foundation

\$7,500-\$24,999 (cont'd)

Elizabeth Ann Leach Charitable Trust  
Emera Maine  
Enterprise Holdings Foundation  
First National Bank  
Fisher Charitable Foundation  
Gardiner Food for Thought Ministries  
Gorham Savings Bank  
Gwendolyn Elwell Flanagan Foundation  
Harvard Pilgrim Health Care Foundation  
HealthReach Community Health Centers  
Helen and George Ladd Charitable Corporation  
Horizon Foundation  
Kendal C. and Anna Ham Charitable Foundation  
Kennebec Savings Bank  
Kraft Heinz Company  
Lotus Restaurant  
Machias Savings Bank  
Maine Community Foundation  
Morton-Kelly Charitable Trust  
Narragansett Number One Foundation  
Oakhurst Dairy  
Penobscot County Federal Credit Union  
People's United Community Foundation  
Procter and Gamble  
PW Sprague Memorial Foundation  
PwC Charitable Foundation/  
Corporate Responsibility  
Ronald McDonald House Charities of Maine  
RUST Consulting  
Share Our Strength  
Stone Coast Fund Services  
TD Bank  
The Alfred M Senter Fund  
The Anne Randolph Henry Charitable Foundation  
The Grainger Foundation  
The Herbert E. Tyler and Grace M. Tyler Foundation  
The Hudson Foundation  
The Strainrite Companies U.F. Strainrite Inc.  
Thomas W. Haas Fund of the  
NH Charitable Foundation  
United Way of Mid Coast Maine  
Virginia Hodgkins Somers Foundation  
William Newkirk and  
Cheryl Tschanz Family Foundation

INDIVIDUAL FINANCIAL DONORS

\$20,000+

Robert and Marta Frank  
Mr. and Mrs. Robert Fuller  
Estate of Sylvia Galarneau  
Ramsdell Designated Fund of the  
Maine Community Foundation  
David and Martha Reifschneider  
Marjorie R. Shaw  
Rebecca Stanley and  
Charles Jacobs

\$10,000-\$19,999

Joseph and Susan Alexander  
Paul and Paulette Belanger  
Birch Cove Fund of the  
Maine Community Foundation  
Estate of Bennett Bradford  
Estate of Richard Carleton  
John Orestis and Barbra Crowley  
John and Deborah Darling  
Ruth and David Lind  
Patrick and Edna McTeague  
Robert and Jill Neshier  
David Osborne  
Frank and Deborah Pecoraro  
Norman Pomerleau  
Robyn Roope  
David and Beverly Sherman  
Elizabeth Strout and Jim Tierney  
Diana Washburn  
David and Lauren Weliver

\$5,000-\$9,999

Anonymous  
Ronald Bechard  
John Bennett and Abby Snyder  
Stephen and Joanne Burns  
Matthew and Julie Chin  
Lincoln and Jane Colby  
Coombs-Robbins Trust Fund  
Paul G. Coulombe  
Dan DiBurro  
Estate of Thelma N. Dodge  
Elizabeth Ehrenfeld, Ph.D.  
Bruce Roberts and Susan Feiner  
Mr. and Mrs. William Findeisen  
Joan Fink  
David and Yvonne Fuller  
Sandra Elliott and Marc Greichen  
Michelle and Peter Hayes  
Douglas and Sharyn Howell  
Stephen and Peggy Laverdiere  
Donna Roggenthien and  
Ronald Leeking  
Joseph Long, DDS, and Carole Long  
Mr. and Mrs. James E. Marble  
Kristen and Drew Miale  
Richard Miner  
Kate and Todd Moxham  
Peat Fund of Philadelphia Foundation  
Stephen Peck  
Susan Petersmeyer  
Estate of Richard Randall Sr.  
John Riley  
Kevin and Michelle Roche  
Christopher and Nova Rogers  
Ms. Jane Ryan  
Tim and Kevin Sample  
Jean Scanlan  
John Ryan and Jenny Scheu  
John and Eleanor Schiavi  
David Sherman, Jr. and  
Martha Burchenal  
Paul and Vicki Skydell

\$5,000-\$9,999 (cont'd)

Neil Garston and Carol Steiman  
William and Donna Wade  
Bradford and Alice Wellman  
Bennett and Jennifer Wilson  
Jane Yudelman

\$2,500-\$4,999

Stanley Allain and  
Kathleen Murray-Allain  
Chris and Patti Arapoglou  
Colin W. Baker  
Paul and Ann Cloutier  
Craig Linscott Trust  
Mr. and Mrs. Mark Cressey  
Louis and Sharon DeHayes  
Brian and Margaret Dietz  
Ann Dodd-Collins  
William Dykstra  
Robert Freson  
Shirley Frost  
John and Kelly Gage  
John Hackendorn III  
and Gail Weaverling  
Michael and Eileen Harris  
David and Sheila Hatch  
Kathy and Jim Helming  
Diane Henderson  
Stephen Crandall and  
Patricia Hensen  
Alison and Horace Hildreth  
Andrew and Maryleigh Holmes  
Mr. and Mrs. William Hoyt  
Lorraine Jordan  
Mr. Mark Kingston  
Jean Paul Labonte  
William Laubenstein, III  
Elizabeth Linnell  
Sebastian Luy  
Peter and Lorraine Moir  
Penelope Moodey  
Donald and Ann Morse  
Doris Musa  
Jacqueline Nelson  
Jefferey Norris and  
Laura Newman  
Judith Nicholas  
Dick and Carol Ogden  
Peter and Heidi Pacetti  
Susan Peaslee  
Noel and Cynthia Pelliccia  
William Pizzo  
Richard and Roxana Pratt  
Sandy Calhoun and  
Selina Rossiter  
Leslie Runser  
Kenneth and Jill Ryan  
Mr. and Mrs. Carlton Sedgeley  
Mr. and Mrs. Dennis Shaffer  
Jonathan and Donna Shaw  
Foster Stewart, Jr and  
Laurie Stewart  
Karen Stram  
Margaret and John Thibodeau  
John and Anna Marie Thron  
Elaine Townsend  
Drs. Thomas and Carol Vaughan  
Lawrence Vear  
Marguerite Waters  
Mr. and Mrs. Hartley Webster  
Van Wentworth  
Bill Williamson  
Ms. Bonnie Hayward and  
Mr. Mike Woodhead  
John Yanok  
Terry Zipper

# Introducing the President's Fund to End Hunger

Good Shepherd Food Bank is revolutionizing its work by investing in innovative strategies that combat the root causes of hunger while providing meals to nourish Mainers, with the goal of reducing food insecurity in the future. This new, strategic work requires a different type of investment from supporters. To this end, Good Shepherd Food Bank has created a new President's Fund to End Hunger. Participation in the Fund begins at \$5,000 and all donors to the Fund are recognized as members of the new President's Circle.

The Fund is an unrestricted, leadership-level fund to be used as directed by Good Shepherd Food Bank President Kristen Miale to support ending-hunger strategies outlined in the Food Bank's 10-year plan.

## Priorities for the Fund this Year Include:

- Investing in nutritious food that will nourish our neighbors and contribute to their good health
- Conducting research to inform future hunger-fighting strategies
- Creating access to food through innovative programming at schools and health care centers
- Strengthening our partner network's capacity to provide more food when and where it's needed
- Educating and mobilizing the public and policy makers about the correlation between hunger and important economic issues in Maine.

## President's Circle Members

(Through January 31, 2018)

**Thank you to the donors who have helped to  
launch and create the Fund to End Hunger.**

### Founding Members (\$10,000+)

Cornelia Cogswell Rossi Foundation, Inc. • John and Deborah Darling • Robert and Marta Frank  
Gwendolyn Elwell Flanagan Foundation • Ruth and David Lind • James and Sarah Jo Marble  
Patrick and Edna McTeague • Frank and Debbie Pecoraro • David and Martha Reifschneider  
David and Beverly Sherman • Elizabeth Strout and Jim Tierney • Diana Washburn  
William Newkirk and Cheryl Tschanz Family Foundation

### Members (\$5,000-\$9,999)

Joseph and Susan Alexander • John Bennett and Abby Snyder • Matt and Julie Chin  
Paul Coulombe • David and Yvonne Fuller • Peter and Michelle Hayes • Susan Petersmeyer  
Christopher and Nova Rogers • William and Donna Wade • Jane Yudelman

**For more information about the President's Circle or the Fund to End Hunger, please contact  
Erin Fogg, Vice President of Development, at 207-782-3554 or [efogg@gsfb.org](mailto:efogg@gsfb.org).**

