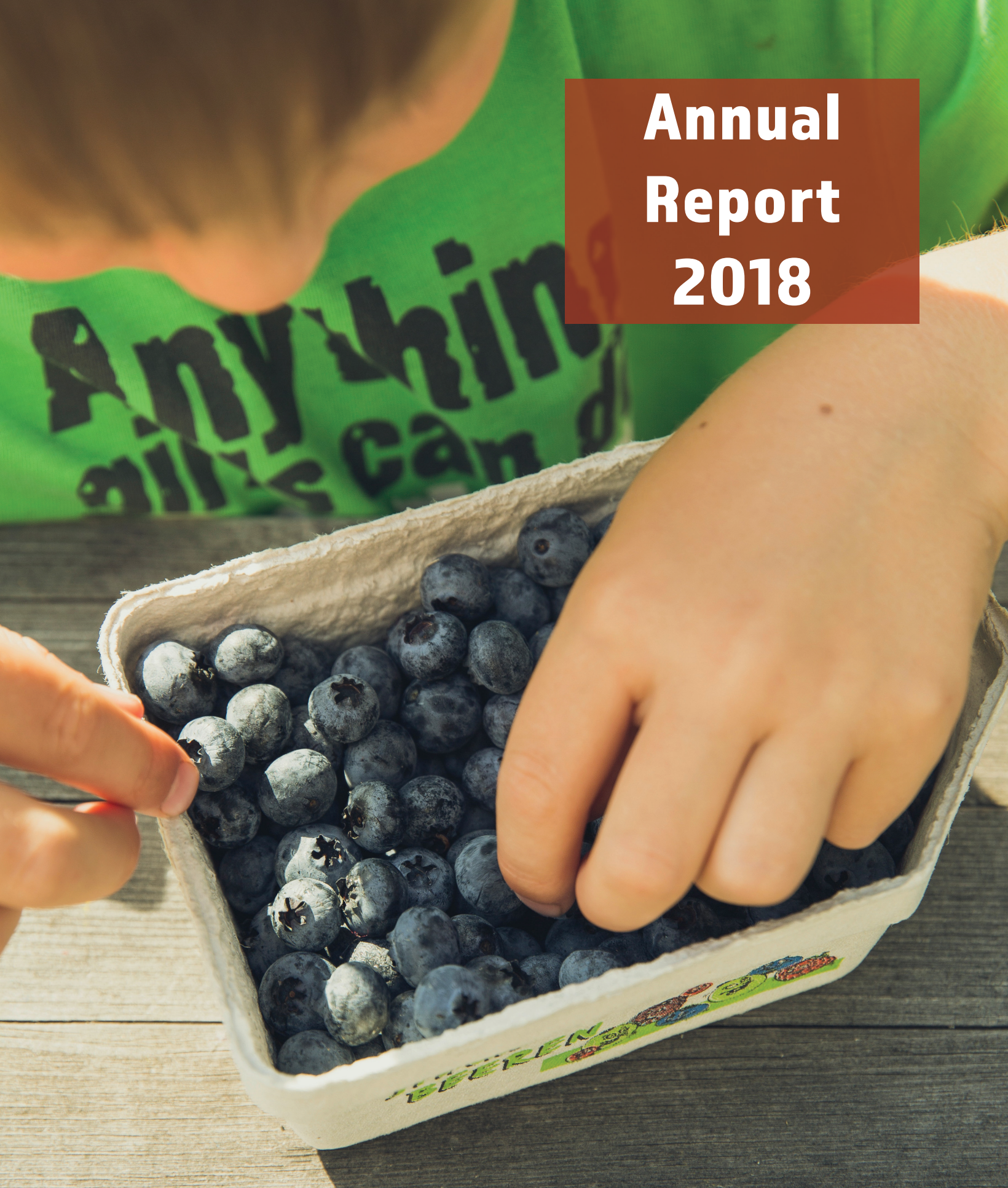


Annual Report 2018



Good Shepherd
FOOD BANK OF MAINE

partnering to end hunger



Hunger is closer than you think.

It could be your neighbor, the server at your favorite restaurant, or your child's best friend. Unlike a person with a cast that comes with a broken bone, individuals struggling with food insecurity are fighting a battle that is not always apparent.

In Maine, research shows that 1 in 6 people are food insecure, meaning that they lack consistent access to enough food for an active, healthy life. This means that more than likely, someone you know is having a hard time putting food on their table, and that is why the Food Bank and our network of partners are working hard to make a difference.

Thanks to your support, the Food Bank has been able to grow many programs that are helping to get more nutritious food into the hands of those who need it most. The Mainers Feeding Mainers program is pairing more farmers than ever with hunger fighting organizations local to their farms. Our Community Health and Hunger program has grown to 33 healthcare partners that are screening patients for food insecurity at 39 locations and providing them with food and resources. And Cooking Matters continues to add cooking and nutrition education classes to its schedule all across the state.

Aside from this program work, we continue to distribute nutritious food to our statewide network of more than 400 hunger relief partners. In 2018, we distributed more than 25 million meals to Mainers in need. Our newly renovated Hampden Distribution Center will be operational in mid-2019, with the capacity to provide an additional 10 million meals annually to many of the areas in Maine with the highest rates of food insecurity.

As you read through our Annual Report you'll see the results of this work, and how the Food Bank is preparing for another year of growth and innovation. All of this work would not be possible without the generous support of our donors and our large network of volunteers.

Thanks to your help we are able to offer a hand up to our neighbors who need it most.

Kristen Miale, President

Executive Committee:

Michelle Hayes, Chair
SKH Human Resource Solutions

Bruce Daman, Vice Chair
Hannaford Supermarkets

Peter Richardson, Treasurer
RM Davis, Inc.

Barbara Gagne, Secretary

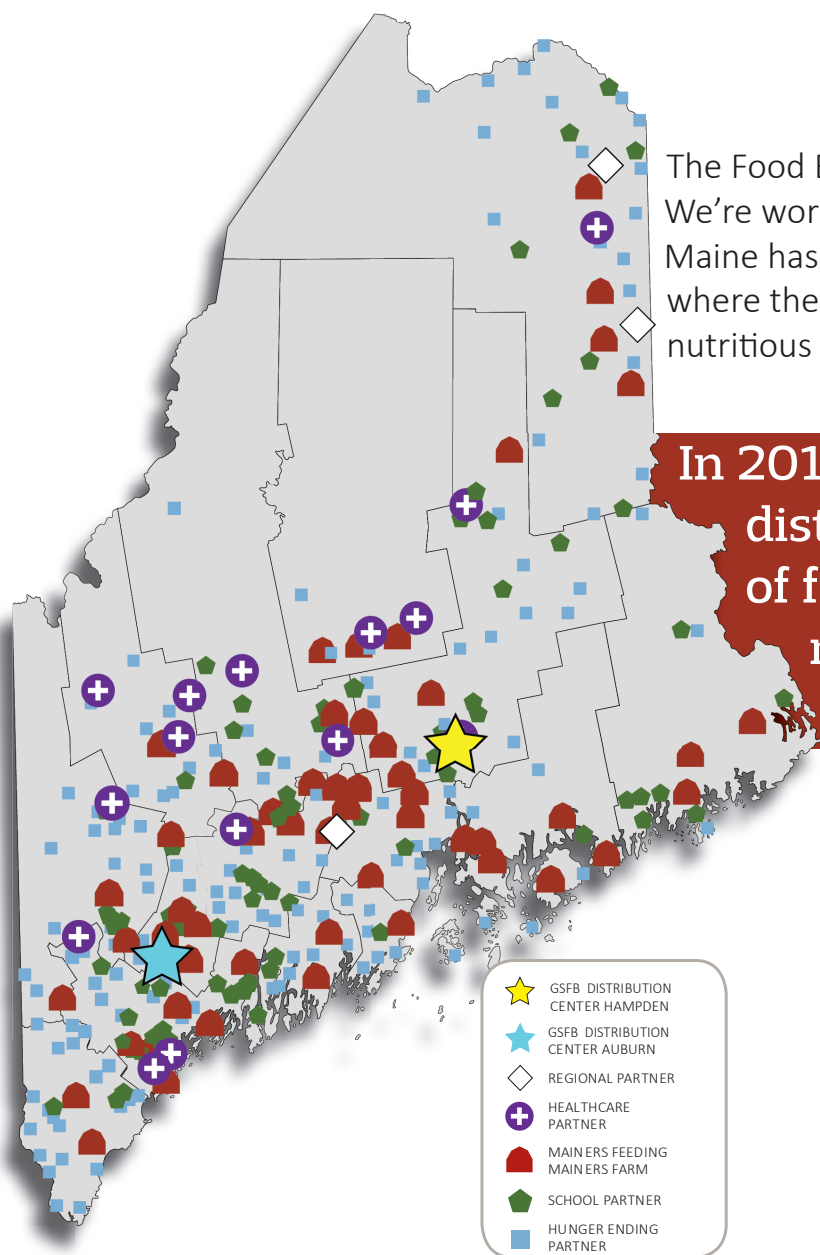
Board Members:

John Bennett Oakhurst Dairy	Stacey Haskell Bangor Savings Bank	Victoria W. Rodgers, M.D. Barbara Bush Children's Hospital	Dyana Tull Retail Business Services, LLC
Kevin Carleton Reflexis Systems, Inc.	Scott Maker UNUM	Ben Sprague First National Bank	Bill Williamson Bank of America
Jim Darroch	John Nutting		
Jason Fournier BerryDunn	Frank Pecoraro Mulberry Farms		

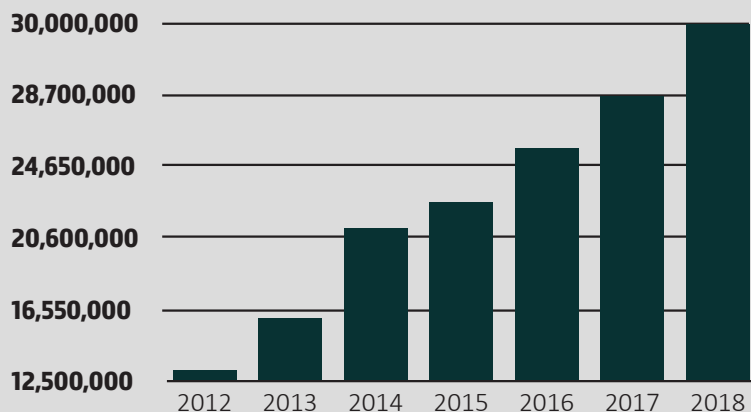
OUR NETWORK

The Food Bank has a bold goal to fill Maine's meal gap. We're working to ensure that by 2025, every person in Maine has access to the healthy food they need, when and where they need it. By steadily increasing distribution of nutritious food each year, we're on track to meet this goal.

In 2018, Good Shepherd Food Bank distributed 30 million pounds of food through our statewide network of more than 400 partners.



History of Pounds Distributed



In 2010, the Food Bank started working with nine farm partners with the goal of getting fresh, nutritious produce into the hands of those who needed it most. Eight years later, Mainer's Feeding Mainer's now works with 72 farm partners and the program is increasing access to high-quality produce across Maine, especially in rural areas where many people would otherwise go without this healthy food.



Good Shepherd
FOOD BANK OF MAINE

2018 FINANCIALS

Support & Revenue 2018 Total

Private Contributions	
General Contributions	\$5,616,400
Special Event Contributions	\$229,482
In-Kind Contributions (non food)	\$125,438
Grants	\$2,721,699
Program Revenue	\$1,587,962
USDA Contracts	\$390,000
Other Revenue	\$16,226
Investment Return	\$6,232
Interest and Dividends	\$26,738

Subtotal Revenues \$10,720,177
(Before In-Kind Food Donations)

In-Kind Food Donations \$47,599,254

Total Revenues \$58,319,431

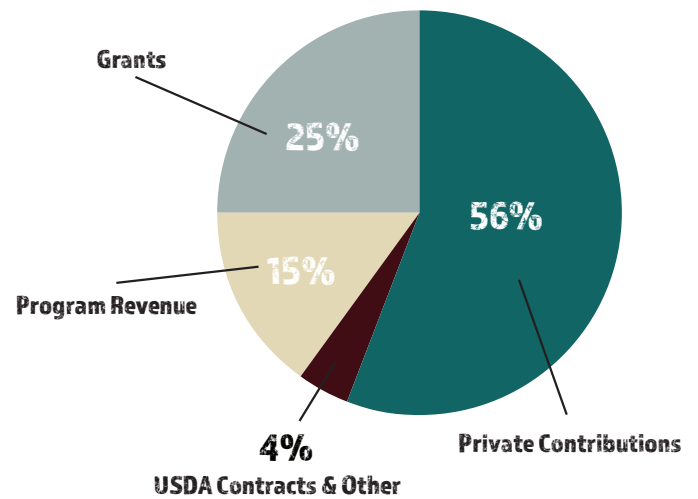
Expenses & Losses

Food Programs	
Value of Donated Food	\$47,601,815
Food Distribution	\$6,405,748
Community Education Programs	\$669,557
Supporting Services	
Management and General	\$864,961
Fundraising	\$1,579,073

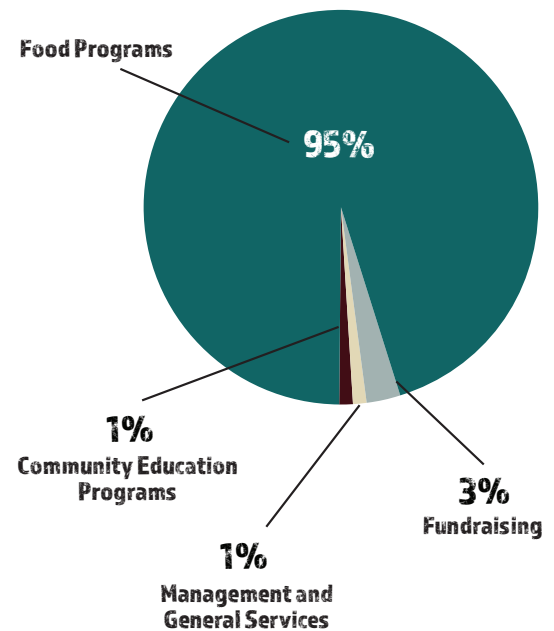
Total Expenses \$57,121,154

Change in Net Assets \$1,198,277

Revenue Sources (excluding in-kind food donations)



Expenditures by Functional Allocation



Sources of Food



Food Industry Donations



USDA Food



Maine Farms



Purchased Food



Food Drives

OUR PROGRAMS

In 2018, the Food Bank's focus remained on strategies to reduce food insecurity among children, seniors, and people facing health issues—our most vulnerable populations.

Youth & Families Initiatives

Since beginning eight years ago, Good Shepherd Food Bank's Youth and Families Initiatives have grown from reaching 40 students at one Backpack Program pilot school to serving more than 10,000 children through 170 community partnerships. In addition to launching 11 new school and afterschool partnerships during the 2017–2018 school year, we increased the average number of meals distributed to each participating family per month by 42 percent.

Community Health & Hunger

By working with healthcare partners all across Maine, we are able to get nutritious food and resources to individuals when they are most vulnerable. Food insecurity adds to the stress and strain on the body when recovering from illness and worsens the effects of diseases like high blood pressure and diabetes. In 2018 we added 22 new healthcare organizations to this program for a total of 33 partners operating at 39 locations across Maine. These partners screened patients for food insecurity and provided 3,700 referrals to food assistance providers in their communities.

Cooking Matters

In 2018, Good Shepherd Food Bank offered 189 Cooking Matters classes and 330 grocery store tours, reaching more than 5,300 Mainers with the important nutritional education needed to shop for healthy foods on a tight budget.

Classes are offered in all 16 counties through partnerships with Maine SNAP-Ed, Eat Well Nutrition Program, 5-2-1-0, and other community organizations. All groceries for the program are generously donated by Hannaford Supermarkets.



OUR SUPPORTERS

January- December 2018

President's Fund to End Hunger Donors

Good Shepherd Food Bank is revolutionizing its work by investing in innovative strategies that combat the root causes of hunger while providing meals to nourish Mainers, with the goal of reducing food insecurity in the future. We are grateful to the supporters who have invested in this fund with a gift of \$5,000 or more between January and December 2018.

Founding Members (\$10,000+)

Anonymous (2)	David B. Osborne
Clark Insurance	Frank and Deborah Pecoraro
Cornelia Cogswell Rossi Foundation, Inc.	David and Martha Reifschneider
Robert and Marta Frank	Tim and Kevin Sample
The Freeman Ellis Family	David and Beverly Sherman
Gwendolyn Elwell Flanagan Foundation	Stone Coast Fund Services
Stephen and Peggy Laverdiere	The Strainrite Companies/Geary Brewing Co.
Mr. and Mrs. James E. Marble	Elizabeth Strout and James Tierney
Patrick and Edna McTeague	Diana Washburn
Moxie Auctions	William Newkirk and Cheryl Tschanz Family Foundation

Members (\$5,000-\$9,999)

Joseph and Susan Alexander	Louis and Anne Abrons Foundation, Inc.
Anonymous	Susan Petersmeyer
Auburn Manufacturing, Inc.	Christopher and Nova Rogers
John Bennett and Abby Snyder	Donna Roggenthien and Ron Leeking
Kevin and Terri Carleton	Sallie T. Gouverneur Fund
Cold Mountain Builders Inc.	William and Donna Wade
Sandra Elliott and Marc Greichen	Gail Weaverling and Jack Hackendorn
Mr. and Mrs. William Findeisen	Jane Yudelman
David and Yvonne Fuller	
Peter and Michelle Hayes	

Individual Financial Donors

\$100,000+

Elizabeth Strout and James Tierney
Estate of Garry Tuttle

\$50,000-\$99,999

Ramsdell Designated Fund of the Maine
Community Foundation

\$20,000-\$49,999

Anonymous (2)
Paul and Paulette Belanger
Estate of Hildegaard Flewelling
Robert and Marta Frank
Robert Fuller, Jr.
Frank and Deborah Pecoraro
Norman Pomerleau
David and Martha Reifschneider
Marjorie Shaw
Rebecca Stanley and Charles Jacobs
Diana Washburn

\$10,000-\$19,999

Anonymous (3)
John and Deborah Darling
Matthew and Michelle Draghetti
The Freeman Ellis Family
Ben Grant and Caroline Eliot
Austin and Sally Harris
Mr. and Mrs. James E. Marble
Patrick and Edna McTeague
Estate of Edward P Noel
John Orestis and Barbra Crowley
David B. Osborne
Susan Petersmeyer
Donna Roggenthien and Ron Leeking
Tim and Kevin Sample

\$5,000-\$9,999

Anonymous (5)
Joseph and Susan Alexander
Chris and Patti Arapoglou
Robert and Elizabeth Barton
John Bennett and Abby Snyder
Richard Bresnahan
Stephen and Joanne Burns
Kevin and Terri Carleton
David and Susan Carlisle
Julie and Matt Chin
Elizabeth Ehrenfeld, Ph.D.
Sandra Elliott and Marc Greichen
Walter and Cheryl Fasse
Mr. and Mrs. William Findeisen
Joan Fink
David and Yvonne Fuller
Neil Garston and Carol Steiman
James and Maureen Gorman
David and Sheila Hatch
Rebecca R Lambert
Stephen and Peggy Laverdiere
Joseph Long, DDS, and Carole Long
Richard and Carolyn McGoldrick
Dr. Richard Miner and Corinne Nagy
Jefferey Norris and Laura Newman
Francine O'Donnell and Greg Wilfert
Lauretta O'Neil
Bruce Roberts and Susan Feiner
Kevin and Michelle Roche
Christopher and Nova Rogers
Robyn Roope
John Ryan and Jenny Scheu
Jean Scanlan
John and Eleanor Schiavi

\$5,000-\$9,999 (cont'd.)

Jonathan and Donna Shaw
David Sherman, Jr. and Martha Burchenal
Drs. Thomas and Carol Vaughan
Frederick and Heather Veitch
Gail Weaverling and Jack Hackendorn
David Wheelock
Timothy Wyant
Jane Yudelman

\$2,500-\$4,999

Anonymous (2)
Marie Barlow
Ronald Bechard
Jim Brennan
Stephen Crandall and Patricia Hensen
Aileen Crawford
Mark and Anne Cressey
Lily Bay Fund of the Maine Community Foundation
William Dykstra
Erin and Chris Fogg
Raleigh L. Folsom
Shirley Frost
Theodore Fucillo
John and Kelly Gage
Lynda Mullen and Susan Garfield
Ruth-Anne Gibson
Francine Gillooly and Janet Malia
Gail Weaverling and Jack Hackendorn
Michael Harris
Karen Harris and Rob Gips
Michelle and Peter Hayes
Kathy and Jim Helming
Frank Pergolizzi and Mary Hollister
Frank and Nancy Howell
Douglas and Sharyn Howell
Mr. and Mrs. William Hoyt
Peter E. Kelley

\$2,500-\$4,999 (cont'd.)

Mark Kingston
William Laubenstein, III
Peter and Christina Lofgren
Sebastian Luy
Aaron MacArthur
Todd and Wendy Mason
Nonesuch Charitable Trust
Michael and Lynne Melochick
Ken Mendelson and Joelle Moreno
Kristen and Drew Miale
Ethan, Amy and Sally Minton
Robert and Jennifer Montgoery-Rice
Doug and Terry Murphy
Polly Nichols
Daniel Nimick
Noel and Cynthia Pelliccia
William Pizzo
Estate of Richard Randall Sr.
Peter and Beth Richardson
Lori Runions
Kenneth and Jill Ryan
Carrie Sayward
Mr. and Mrs. Carlton Sedgely
Mr. and Mrs. Dennis Shaffer
Peter and Delinda Smith
Foster and Laurie Stewart
Karen Stram
Linda Tatelbaum and Kalman Winer
John and Anna Marie Thron
Paulette Tidd, in memory of Charles W. Tidd, Sr.
Dyana and Kerry Tull
Marjorie Twombly
Elizabeth Volckening
Mr. and Mrs. Hartley Webster
Mary West
Bill Williamson
Barbara Wood

Corporate & Foundation Financial Donors

\$100,000-\$999,999

Avangrid Foundation
Component Fund of the Maine Community Foundation
Elmina B. Sewall Foundation
Hannaford Charitable Foundation
Hannaford Supermarkets
Sandy River Charitable Foundation
Stephen and Tabitha King Foundation
Walmart Foundation

\$50,000 - \$99,999

Anonymous
Bill and Joan Alfond Foundation
Cornelia Cogswell Rossi Foundation, Inc.
Doe Family Foundation
Doree Taylor Charitable Foundation, Bank of America, N.A., Trustee
Emera Maine
Maine Credit Unions' Campaign for Ending Hunger
MAZON:A Jewish Response to Hunger
The Ludcke Foundation

\$25,000-\$49,999

Bank of America Charitable Foundation
Brookfield BRP Canada Corp.
Coulombe Family Foundation
Erskine Academy
Florence V. Burden Foundation
Ford Motor Company
Fortin Foundation of Florida, Inc.
Harris Mathews Charitable Foundation
New Balance
Oakhurst Dairy
Sam L. Cohen Foundation
Share Our Strength
TD Charitable Foundation
Tramuto Foundation
UNUM

\$10,000 - \$24,999

Albertsons Companies Foundation
Anonymous
Bangor Federal Credit Union
Bangor Savings Bank Foundation
Brooks Family Foundation
Buoy Local/Bangor Savings Bank
CES, Inc.
Changing Seasons Federal Credit Union
Colony Hotel
Darling's Auto Group
David and Beverly Sherman
Dead River Company
Diversified Communications
East Point Fund of the Maine Community Foundation
Elizabeth Ann Leach Charitable Trust
Enterprise Holdings Foundation
First National Bank
Fisher Charitable Foundation
Gorham Savings Bank
Gwendolyn Elwell Flanagan Foundation
Helen and George Ladd Charitable Corporation
John T. Gorman Foundation
Joy in Childhood Foundation
Kendal C. & Anna Ham Charitable Foundation
Kennebec Savings Bank
Kennebunk Savings Bank Foundation
Libra Foundation
Maine Community Foundation
Maine Honda Dealers
Morton-Kelly Charitable Trust
Narragansett Number One Foundation
People's United Community Foundation
PR Restaurants, LLC
Procter & Gamble
PW Sprague Memorial Foundation
Quimby Family Foundation
Red Nose Day Fund

\$10,000 - \$24,999 (cont'd.)

Ronald McDonald House Charities of Maine
Sanford High School
Stone Coast Fund Services
Tableau Foundation
TD Bank
The Alfred M. Senter Fund
The Betterment Fund
The Herbert E. Tyler and Grace M. Tyler Foundation
The Pampered Chef
The Strainrite Companies/Geary Brewing Co.
Thomas W. Haas Fund of the NH Charitable Foundation
Thornton Academy
Twig Foundation
United Way of Mid Coast Maine
Virginia Hodgkins Somers Foundation
William Newkirk and Cheryl Tschanz Family Foundation

\$5,000-\$9,999

2004 Carita Foundation, Inc.
Alere Scarborough, Inc
Allagash Brewing Company
Ann Schroth Dietz Fund of the Maine Community Foundation
Anonymous (2)
Birch Cove Fund of the Maine Community Foundation
Casco Federal Credit Union
MaineHealth Center for Health Improvement
Churchill Downs
Clark Insurance
Crate & Barrel
Crown Imports
Darden Foundation & Community Affairs
Eugenia Robbins' Trust
Feed Our Scholars
General Mills

\$5,000-\$9,999 (cont'd.)

Katahdin Trust Company
Kellogg Company
Lawrence Family Fund of the Maine Community Foundation
Louis and Anne Abrons Foundation, Inc.
Machias Savings Bank
Margaret E Burnham Charitable Trust
Martin's Point Health Care
MEMIC
North Country Associates
NRF Distributors
Peat Fund of The Philadelphia Foundation
Penobscot County Federal Credit Union
PepsiCo
Pine State Trading
Sadie and Harry Davis Foundation
Sallie T. Gouverneur Fund
Sibley-Saltonstall Charitable Foundation
Skillin School PTA
Sprout Organic Farm
TEGNA/NEWS CENTER Maine
The Anne Randolph Henry Charitable Foundation
The Eunice Frye Home Foundation
The Harper-Egginton Charitable Foundation
The Heather Foundation
The Mateja Group/Keller Williams Realty
The William JJ Gordon Family Foundation
TJX Companies, Inc.
TJX Foundation
Town of Albion
Town of Bridgton
Unilever
United Way of Eastern Maine
United Way of Greater Portland
Wallace Events
WEX
Winthrop Management Corp
York High School

Food Donors

Advanced Pierre/Barber Foods Co
B & M
Backyard Farms
Belanger Farms
BJ's Wholesale Clubs
Bow Street Market
Catholic Charities ME
ConAgra
Fifer Orchards

Friends of Aroostook
General Mills
Growers Express
Hannaford Supermarkets
HP Hood
Irving Farms
Josephs Pasta
Kellogg's
LePage Bakeries

Market Basket
North Center Foods/PFG
Oakhurst Dairy
Ocean State Job Lot
Paradis Shop n Save
Pepsi
Pineland Farms Potato Company
Poland Spring
Post

Prime Inc
Quaker
RC Moore
Reny's
Ritz Warehouse
Sam's Clubs
Shaw's
Shop N Save Bayside
SYSCO of Northern New England

Target
Thibeau Farms
Trader Joe's
Tradewinds ShopNSave
Walmart
Wayside Food Rescue
Weston Farm

OUR PEOPLE



"They sent up their mobile food truck, and they had a special day there for all the mill employees that were laid off to come," Greg Jordan said. "They had a turkey for everybody, and a box full of food for everybody, and it was just a blessing, really."



"It's not easy to admit you need a helping hand when you've lived an independent life for decades," says Donna. "But if there's one thing I've learned from visiting the food pantry, it's that I'm not the only one who struggles."



Kelly has been coming to the Bar Harbor Food Pantry for 2 years and wishes she had asked for the helping hand sooner. "I needed the comfort and confidence to know I could come here, but it takes asking. If I had asked for help sooner, I wouldn't be where I am today."



After working in non-profits for 40 years helping others, Gregory has seen and done just about everything. Retirement was never something he had planned for, and the cost of living along with caring for his wife have placed Gregory on the receiving end of the line he used to serve. "Never thought I'd be on this side of things, but that's what it's here for."



"I want to thank you for all the stuff you bring in here, its helped me stay on my diabetic diet," says Evelyn, a resident of a senior housing center in Lewiston. "All these vegetables, there's nothing like them. I am staying healthy because of it, it helps us eat right."



Good Shepherd
FOOD BANK OF MAINE

MEMBER OF
**FEEDING
AMERICA**