Together we can solve hunger.
“The problem Maine families face today is lack of access to nutritious food.”

Having recently completed my first year as President of Good Shepherd Food Bank, I have spent time as of late reflecting on the organization – on both the widespread impact we have in Maine, and on our potential to do so much more.

It is now widely accepted that hunger looks different today than it looked more than 30 years ago when Good Shepherd Food Bank was founded. While hunger continues to be, at its roots, a problem tied to lack of income, there are many complicating factors we must take into account. Today, families do not necessarily lack access to calories – the corner store often has countless food options that are calorie dense, but nutrient poor. The problem Maine families face today is lack of access to nutritious food.

With that in mind, Good Shepherd Food Bank is moving forward with the goal of providing the people we serve with healthier options – fresh Maine produce, whole grains, meat and dairy products, and nutritious staple foods.

Keeping our operations cost effective while providing more nutritious food will be one of our organization’s primary challenges. We will continue to depend on the support of our donors, volunteers, and partner agencies to accomplish our goals. Together, we will contribute to a healthier future for the state of Maine.

Kristen Miale
President
The Mainers Feeding Mainers program is creating business solutions to seemingly intractable social problems. It’s creating economic prosperity for our farms by contracting with them to grow food, and it’s creating a lifeline to that food for people who have no other place to get it, but from the food pantry.”

Gray Harris, Director of Sustainable Agriculture, CEI

The state of Maine is rich with natural resources, including the fertile land and full sea that together form the foundation of our productive and growing agricultural industry. Given the bounty that surrounds us each harvest season, Good Shepherd Food Bank decided to take advantage of our local resources and form the Mainers Feeding Mainers program in 2010.

Each year, we develop purchase agreements with our farm partners, committing to buy certain crops from them. Because we enter into contracts with farmers before the growing season, we’re offered low prices on crops and can leverage our resources to acquire more food. All of our partner food pantries and meal sites have access to Mainers Feeding Mainers produce at no cost. While the local products are available at the Food Bank’s three distribution centers in Auburn, Brewer, and Biddeford, many farm partners have also formed direct relationships with their local pantry. As more pantries begin to pick up food at local farms, community relationships are strengthened and food goes to families in need while it’s at peak freshness.

“I think it’s important for everyone – farmers and others – to participate in helping out the less fortunate. I realize that we all may be in need at some time in our life, so I think that those of us who are more fortunate should do what we can to help those who need it.”

Bill Spiller, Spiller Farm
Nearly one in four Maine children live in households that are considered food insecure by the U.S. Department of Agriculture. This means that a quarter of Maine’s children are not receiving the nutritious food they need to grow, learn, and thrive. Hunger is a problem that is harming our youth today, which means it’s a problem that will cripple our state in the future.

By focusing hunger relief efforts on children, Good Shepherd Food Bank is working to break the cycle of hunger and poverty in the years ahead. Through our BackPack and School Pantry programs, we’re able to provide nutritious food for children facing hunger during the times when they’re most vulnerable – evenings, weekends, and school vacations.

We partner with schools to tailor a program that works best for their school community. And this community-centered approach is working – in 2013, we provided 200,000 meals for Maine children through our child hunger programs.

“It’s amazing to see how excited the children are when they get fresh produce. The smiles on their faces are priceless.”

Carol Winslow, Indian Island School

“This is a very high need community. Hunger is a real problem here. And we can tell by how much the parents thank us – they thank us profusely. We know they really need the help.”

Chris Decker, Rumford Elementary
In 2013, the Food Bank distributed **13 MILLION MEALS** to Mainers facing hunger through our network of partner agencies.

Good Shepherd Food Bank partners with 600 local hunger relief agencies across the state to provide nutritious food to Mainers in need. Through this statewide network, we are able to reach local communities, leverage local resources, and distribute food equitably and safely.

Service to hunger relief agencies, including food pantries, meal sites, senior centers, and youth programs, remains the core of Good Shepherd Food Bank’s work. These local agencies serve our neighbors who lack access to nutritious food – seniors living on fixed incomes, working adults and those looking for work in a difficult economy, and children who need healthy food in order to grow and learn.

**[PARTNER AGENCIES]**

Good Shepherd Food Bank distributed **15.4 MILLION POUNDS OF FOOD in 2013.**
Volunteers continue to be an integral part of our operation. In 2013, our dedicated volunteers donated 21,000 hours of time and expertise to move our mission forward.

### 2013 Financials

#### Support & Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>2013 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donated Food</td>
<td>$23,456,803</td>
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<tr>
<td>Contributions</td>
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<td>Agency Fees</td>
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<td>Grants</td>
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<td>USDA</td>
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<td>Special Events</td>
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<tr>
<td>Other Revenue</td>
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<tr>
<td>In-Kind Contributions</td>
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<td>Investment Return</td>
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<td>Gain on Sale of Assets</td>
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<tr>
<td>Interest and Dividends</td>
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<tr>
<td><strong>Total Revenues</strong></td>
<td><strong>$29,567,245</strong></td>
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</tbody>
</table>

#### Expenditures

- Program Services
  - Food Distribution: $26,782,475
  - Community Education: 115,807
- Supporting Services
  - General Administrative: 533,769
  - Fundraising: 829,075

**Total Expenses**: $28,187,045

*Change in net assets is due primarily to annual fluctuations in food inventory at our three warehouses.
**2013 HUNGER HEROES**

## FOOD DONORS


## FINANCIAL DONORS CORPORATE & FOUNDATION

**Leadership Partners ($25,000+)**

- Anonymous • Androscoggin Trust Main Street Foundation • Bank of America Foundation • Dead River Company
- Doree Taylor Charitable Foundation • Elmina B Sewall Foundation • Hannaford Supermarkets • John T. Gorman Foundation
- Maine Credit Union League • Morgan Stanley • New Balance Foundation • Sunshine Hill Fund*
- The John Merck Fund • Walmart Foundation

**Sustainers ($10,000+)**

- Birch Cove Fund* • Brooks Family Foundation • CoBank • Dean Foods Foundation • Diversified Communications • Fisher Charitable Foundation
- Fortin Foundation of Florida • Grant Family Charitable Fund • Helen & George Ladd Charitable Corporation • HM Payson • Island Foundation
- Kendal C & Anna Ham Charitable Foundation • Kennebunk Savings Bank • Narragansett Number One Foundation • National Dairy Council
- Pediatric Associates of Lewiston P.A. • People’s United Community Foundation • Procter & Gamble • PW Sprague Memorial Foundation
- Ronald McDonald House Charities • RSF Social Finance • TD Charitable Foundation • The Alfred M Senter Fund • The Betterment Fund
- The Hudson Foundation • The Pampered Chef • Tom’s of Maine • WEX

**Cultivators ($5,000+)**

- Anonymous (3) • Bangor Federal Credit Union • Bangor Hydro Electric Company • Bangor Savings Bank Foundation • Bank of America Merrill Lynch
- Charles G Wright Endowment for Humanity • Component Fund* • Darling’s • Dunkin Donuts • Electricity Maine • Frances Hollis Brain Foundation
- Garrand • George L & Clara S. Shinn Foundation • Gorham Savings Bank • Kirby Family Foundation • Liberty Mutual Give with Liberty Program
- Marjorie R. Shaw Charitable Foundation • Martin’s Point Health Care • Nappi Distributors • Newman’s Own Foundation • NRF Distributors
- Rainbow Federal Credit Union • Rines/Thompson Fund* • Sadie and Harry Davis Foundation • Simmons Foundation
- The Anne Randolph Henry Charitable Foundation • The Dugas Family Foundation • The Findeisen Family Charitable Fund • The Miley Foundation
- Thomas W. Haas Fund of the NH Charitable Foundation • UNUM • USI Insurance Services • Wellness Connection of Maine • Wilkinson Foundation

*Donor Advised Funds of the Maine Community Foundation

### ($25,000+)

- Anonymous (2)
- Estate of Barbara F Beegel
- Estate of Michael Fortin
- Estate of Susan Caroll Goodwin

### ($10,000+)

- Paul & Paulette Belanger
- John & Deborah Darling
- Frank & Nancy Howell
- Richard & Roxana Pratt
- David & Beverly Sherman

### ($5,000+)

- Estate of Doris D Karter
- Chris & Patti Arapoglou
- John Bullitt
- Stephen & Joanne Burns
- Douglas Coleman
- Coombs-Robbins Trust
- Paul G Coulombe
- Lisa Estey
- David & Yvonne Fuller
- Steven Greene

- Robert & Gloria Limoges
- Patrick & Edna McTeague
- Frank & Deborah Pecoraro
- David Pierson & Brenda Garrand
- Kenneth & Allyson Ray
- Robyn Roope
- John & Eleanor Schiavi
- S Donald Sussman
- Jennifer Wilson
- Gail Wood
Local Solutions, Statewide Impact

“With Good Shepherd’s commitment to provide as much nutritious food as possible, we in turn can make the same commitment to our clients.”

Sue Elsaesser, Food Pantry Coordinator, Midcoast Hunger Prevention Program

Good Shepherd Food-Bank

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