

# UBUBIKO BW'IBIRIBWA MU NTARA YA CUMBERLAND

VUGANA N'UBUBIKO BW'IBIRIBWA N'AHARI AMAFUNGURO KUGIRA NGO BAGUHE AMAKURU MASHYA AJYANYE NA GAHUNDA Z'ITANGWA RYABYO

*Amakuru ashobora guhinduka kenshi kubera impinduka ziterwa n'Icyorezo cya COVID-19 kandi agaragaza gusa amakuru mashya aboneka ku itariki yavuzwe hejuru.*

*Sura urubuga rwa <https://www.gsfb.org/covid-19-partner-agency-updates/> kugira ngo ubone amakuru buri cyumweru.*

**\*Ububiko bw'ibiribwa/Utubati tw'ibiribwa/Sitoke z'ibiribwa n'izindi gahunda ziri kuri uru rutonde zitanga ibiribwa ku buntu (ibiribwa bidatetse) n'ibindi bicuruzwa by'ibanze bidakoreshereza aho ako kanya ahubwo umukiriya akabitwara mu rugo.**

## BRIDGTON

### BRIDGTON FOOD PANTRY

214 Main St

(207) 647-3704

Amasaha y'akazi: Ku wa Kabiri kuva saa 11h00 za mu gitondo kugeza saa 6h00 za nimugoroba

Icyitonderwa: Hagenda hakirwa abakiriya 2, abandi bakaguma mu modoka zabo kugeza bagezweho

## ST. JOSEPH FOOD PANTRY

225 South High St

(207) 318-5671

Amasaha y'akazi: Buri wa Kabiri w'icyumweru cya kane cy'ukwezi kuva

saa 10h00 za mu gitongo kugeza saa 12h00

z'amanya

Icyitonderwa: Babiguhereza mu modoka bipfunyitse mu makarito

## BRUNSWICK

### MID-COAST HUNGER PREVENTION FOOD

#### PANTRY

12 Tenney Way

(207) 725-2716

Amasaha y'akazi: Buri wa Kabiri kuva saa 11h00 za mu gitondo kugeza saa 2h00 za nimugoroba no kuva

saa 4h00 kugeza saa 6h00 za nimugoroba, buri wa

Gatatu na buri wa Gatanu kuva saa 11h00 za mu

gitondo kugeza saa 2h00 za nimugoroba na buri wa

Gatandatu kuva saa 12h00 z'amanya kugeza saa

3h00 za nimugoroba

Icyitonderwa: Babiguhereza mu modoka

bipfunyitse mu makarito. Kubibagezaho mu ngo

birakomeza

## CASCO

### CASCO ALLIANCE CHURCH FOOD PANTRY

7 Point Sebago Rd

(207) 693-9601

Amasaha y'akazi: Bufungura buri wa Kabiri

w'icyumweru cya mbere na buri wa Mbere

w'icyumweru cya gatatu kuva saa 6h00 kugeza saa

7h00 za nimugoroba.

Icyitonderwa: Babiguhereza mu modoka

bipfunyitse mu makarito

## CASCO VILLAGE CHURCH

941 Meadow Rd

(207) 627-4282

Amasaha y'akazi: Buri wa Kane w'icyumweru cya kane cy'ukwezi kuva

saa 2h00 kugeza saa 5h30 za nimugoroba

Icyitonderwa: Babiguhereza mu modoka

bipfunyitse mu makarito

## CUMBERLAND

### COMMUNITY FOOD PANTRY -CUMBERLAND

290 Tuttle Rd (Town Hall)

(207) 831-2294

Amasaha y'akazi: Buri wa Gatanu w'icyumweru cya

mbere, icya kabiri n'uw'icya kane by'ukwezi kuva saa

3h00 kugeza saa 6h00 za nimugoroba

Icyitonderwa: Babiguhereza mu modoka

bipfunyitse mu makarito

## EAST BALDWIN

### FIRST CONGREGATIONAL CHURCH OF EAST

#### BALDWIN FOOD PANTRY

26 School St

(207) 657-2360

Amasaha y'akazi: Buri wa Kabiri, kuva saa 9h30

kugeza saa 10h15 za mu gitondo

Icyitonderwa: Umubare ntarengwa winjiramo ni

abantu 5 icyarimwe mu buryo guhitamo

## FALMOUTH

### FALMOUTH FOOD PANTRY

271 Falmouth Rd

(207) 627-4282

Icyitonderwa: Kugemura gusa. Ku bijyanye n'andi

makuru, wahamagara 207-632-2687

**FREEPORT**

**FREEPORT COMMUNITY SERVICES**

53 Depot St  
(207) 865-3985 ext. 205  
Amasaha y'akazi: Buri wa Mbere na buri wa Gatatu kuva saa 11h00 za mu gitondo kugeza saa 1h00 za nimugoroba  
Icyitonderwa: Abantu bashobora gufata amakarito yabo apfunyitse aho apakiye

**GORHAM**

**GORHAM ECUMENICAL FOOD PANTRY**

299 B Main St  
(207) 222-4351  
Amasaha y'akazi: Buri wa Kane kuva saa 10h00 za mu gitondo kugeza saa 12h00 z'amanywa. Buri wa Mbere w'icyumweru cya 2 n'icya 4 cy'ukwezi, kuva saa 6h00 kugeza saa 7h00 za nimugoroba  
Icyitonderwa: Bagusanga ku muhanda/Bagusanga mu modoka

**GRAY**

**CROSSROADS COMMUNITY CHURCH**

14 Lewiston Rd  
(207) 657-4541  
Amasaha y'akazi: Buri ku Cyumweru kuva saa 1h00 kugeza saa 2h30 za nimugoroba  
Icyitonderwa: Bipfunyitse mu makarito gusa

**GRAY COMMUNITY FOOD PANTRY**

5 Brown St  
(207) 657-4279 ext. 3  
Amasaha y'akazi: Buri wa Gatatu w'icyumweru cya 1 n'icya 3 cy'ukwezi kuva saa 12h30 kugeza saa 3h00 za nimugoroba.  
Icyitonderwa: Kubasanga muri parikingi n'amakarito apfunyitse

**HARRISON**

**HARRISON FOOD BANK**

176 Waterford Rd  
(207) 647-3384  
Amasaha y'akazi: Buri wa Kabiri, kuva saa 12h00 z'amanywa kugeza saa 6h00 za nimugoroba  
Icyitonderwa: Bakuzanira amakarito apfunyitse mu modoka

**NAPLES**

**CROSSWALK COMMUNITY OUTREACH**

15 Village Green  
(207) 595-4156  
Amasaha y'akazi: Bafungura buri wa Mbere, kuva saa 1h00 kugeza 3h00 za nimugoroba  
Ifunguro ridasaba guteka naryo rirahari buri wa Kane, kuva saa 11h00 za mu gitondo kugeza saa 1h00 za nimugoroba  
Icyitonderwa: Bakuzanira mu modoka amakarito apfunyitse n'ifunguro riteguye rishyushye ridasaba guteka

**UNITED METHODIST GOOD FELLOWSHIP - NAPLES FOOD PANTRY**

1000 Roosevelt Trail  
(207) 653-6449  
Amasaha y'akazi: Bafungura buri wa Kabiri, kuva saa 10h00 kugeza saa 11h30 za mu gitondo  
Icyitonderwa: Babiguhereza mu modoka bipfunyitse mu makarito

**NEW GLOUCESTER**

**FIRST CONGREGATIONAL CHURCH - NEW GLOUCESTER**

19 Gloucester Hill Rd  
(207) 926-3260  
Amasaha y'akazi: Buri wa Gatandatu w'icyumweru cya 2 n'icya 4 cy'ukwezi kuva saa 8h00 kugeza saa 9h30 za mu gitondo  
Icyitonderwa: Bimwe biba bipfunyitse, ibindi ni ukubihaha

**PORTLAND**

**FIRST ASSEMBLY OF GOD - PORTLAND**

243 Cumberland Ave  
(207) 774-2415  
Amasaha y'akazi: Buri wa Gatandatu kuva saa 1h00 kugeza saa 3h30 za nimugoroba  
Icyitonderwa: Uburyo bwihuse bwo gufatira hanze amakarito apfunyitse uguhita uagenda

**JEWISH FAMILY SERVICES- UBU IBIKORWA BYARAHAGARITSWE**

342 Congress St  
(207) 772-1959  
Statewide Diaper Bank  
Ikorera: Mu ntara ya Cumberland

**PREBLE STREET RESOURCE CENTER**

252 Oxford St  
(207) 775-0026  
Amasaha y'akazi: Kuva ku wa Kabiri kugeza ku wa gatandatu saa 1h00 kugeza saa 4h00 za nimugoroba  
Icyitonderwa: Amakarito apfunyitse

**PROJECT FEED INC**

202 Woodford St  
(207) 761-3920  
Amasaha y'akazi: Ushobora kuvuga ibyo bagutegurira ukabitwara buri wa Kabiri na buri wa Kane  
Saa 1h00 kugeza saa 3h00 za nimugoroba  
Icyitonderwa: Wahamagara (207)370-4129 ku wa Mbere no ku wa Gatatu hagati ya saa 1h00 na saa 5h00 za nimugoroba kugira ngo uvuge ibyo bagutegurira.  
Ibindi birambuye wabisanga kuri [www.projectfeed.org](http://www.projectfeed.org)

## MUTARAMA 2021

### ROOT CELLAR - PORTLAND

94 Washington Ave  
(207) 774-3197

Icyitonderwa: Hamagara kugira ngo uhabwe andi makuru

### SACRED HEART/ST. DOMINIC FOOD PANTRY

80 Sherman St  
207-929-3088

Amasaha y'akazi: Buri wa Kabiri, kuva saa 8h00 kugeza saa 11h00 za mu gitondo

Icyitonderwa: Amakarito apfunyitse arahari

### SALVATION ARMY - PORTLAND FOOD PANTRY

297 Cumberland Ave  
(207) 774-4172

Amasaha y'akazi: Buri wa Mbere, buri uwa Gatatu na buri wa Gatanu, kuva saa 1h00 kugeza saa 2h30 za nimugoroba

Icyitonderwa: Uwahawe gahunda gusa

### ST. LUKE'S FOOD PANTRY

134 Park St  
(207) 772-5434

Amasaha y'akazi: Buri wa Kane, saa 9h30 kugeza saa 11h00 za mu gitondo

Icyitonderwa: Babikuzanira muri parikingi

### STROUDWATER CHRISTIAN CHURCH FOOD PANTRY

1520 Westbrook St  
(207) 200-5985

Amasaha y'akazi: Ku Cyumweru, kuva saa 1h00 kugeza saa 3h00 za nimugoroba

Icyitonderwa: Babiguhereza mu modoka bipfunyitse mu makarito. Niba ukeneye ko babikugemurira mu rugo, ohereza imeyiri kuri [stroudwaterfoodpantry@gmail.com](mailto:stroudwaterfoodpantry@gmail.com)

### WAYSIDE FOOD PANTRY

135 Walton St  
(207) 775-4939

Amasaha y'akazi: Ububiko 5 bugendanwa

- Bayside Anchor / 81 Oxford Street, Portland (ku muhanda), buri wa Kane w'icyumweru cya Mbere cya buri kwezi, saa 11h00 za mu gitondo
- Sagamore Village / 21 Popham Street, Portland, buri wa Kabiri w'icyumweru cya 4 cya buri kwezi, saa 10h00 za mu gitondo
- Redbank Village and Brick Hill / 2 Townhouse Road, South Portland, buri wa Gatatu w'icyumweru cya 4 cya buri kwezi, saa 2h00 za nimugoroba

- Washington Gardens / 577 Washington Ave, Portland (end of Pembroke Street), buri wa Kabiri w'icyumweru cya 2 cya buri kwezi, kuva saa 10h30 za mu gitondo
- West End/ 17 Carleton Street, Portland (inyuma muri parikingi), buri wa Gatatu w'icyumweru cya 3 cya buri kwezi, kuva saa 11h00 za mu gitondo

Icyitonderwa: Ububiko bugendanwa burakora nk'uko bisanzwe. Ububiko burafunguye ku buryo ibigo bishobora kuza gufata ibiribwa no ku bafata ibiribwa byihutirwa nyuma yo kubisaba. Gahunda yo gufata ibicuruzwa bigenewe abageze mu zabukuru iracyakomeza nk'uko bisanzwe

### WHITE MEMORIAL SEVENTH DAY ADVENTIST CHURCH

97 Allen Ave  
(207) 838-3123

Amasaha y'akazi: Buri wa Kane, kuva saa 7h30 kugeza saa 9h00 za mu gitondo

Icyitonderwa: Babiguhereza mu modoka bipfunyitse mu makarito.

### RAYMOND

#### RAYMOND FOOD PANTRY

1273 Roosevelt Trail  
(603) 828-3758

Amasaha y'akazi: Buri wa Kane w'icyumweru cya 2 n'icya 4 by'ukwezi, kuva saa 4h00 kugeza saa 6h00 za nimugoroba

Icyitonderwa: Babitangira hanze bipfunyitse mu makarito

### SEBAGO

#### SEBAGO WARMING HUT

183 Sebago Rd  
(207) 787-5105

Amasaha y'akazi: Buri wa Mbere, kuva saa 9h30 kugeza saa 11h00 za mu gitondo Buri wa Mbere w'icyumweru cya kane, kuva saa 9h30 za mu gitondo kugeza saa 12h00 z'amanywa

### SOUTH PORTLAND

#### SOUTH PORTLAND FOOD CUPBOARD

130 Thadeus St  
(207) 874-0379

Amasaha y'akazi: Buri wa Gatatu w'icyumweru cya mbere cy'ukwezi kuva saa 5h00 kugeza saa 7h00 za nimugoroba, ku wa Kabiri saa 10h30 za mu gitondo kugeza saa 12h00 z'amanywa, ku wa Kane saa 8h 30 kugeza 11h30 za mu gitondo

Icyitonderwa: Babiguhereza mu modoka bipfunyitse mu makarito



Good Shepherd  
FOOD BANK OF MAINE

*partnering to end hunger*

**SOUTHERN MAINE AGENCY ON AGING - UBU  
IBIKORWA BYARAHAGARITWE**

30 Liza Harmon Dr  
(207) 854-6833  
Amasaha y'akazi: Buri wa Mbere saa 8h45 kugeza  
saa 11h00 za mu gitondo.  
Ikorerwa: Larrabee Village

**STANDISH**

**STANDISH FOOD PANTRY- BWIMUWE  
BY'AGATEGANYO**

175 Northeast Rd  
(207) 358-0359  
Amasaha y'akazi: Buri wa Mbere kuva saa 9h30  
kugeza saa 10h30 za mu gitondo, no ku wa Gatatu  
saa 4h00 kugeza saa 5h30 za nimugoroba  
Icyitonderwa: **Bwimukiye by'agateganyoo muri  
Standish Congregational Church kuri 25 Oak Hill Rd  
muri Standish.** Babiguhereza mu modoka  
bipfunyitse mu makarito. Nomero yabo ni (207) 358-  
0359 kandi no ku rubuga rwabo haba hari amakuru  
mashya: [www.standishfoodpantry.org](http://www.standishfoodpantry.org)

**WESTBROOK**

**VINEYARD CHURCH OF GREATER PORTLAND**

715 Bridgton Rd  
(207) 854-8339  
Amasaha y'akazi: Buri wa Gatanu, kuva saa 5h30  
kugeza saa 6h30 za nimugoroba  
Icyitonderwa: Babiguhereza mu modoka  
bipfunyitse mu makarito

**WESTBROOK COMMUNITY FOOD & RESOURCE  
CENTER**

426 Bridge St  
(207) 591-8147  
Amasaha y'akazi: Buri wa Kabiri w'icyumweru cya 2  
n'icya 4, saa 11h00 za mu gitondo kugeza saa 2h00  
za nimugoroba  
Icyitonderwa: Bagusanga ku muhanda bipfunyitse  
mu bikapu

**WINDHAM**

**WINDHAM FOOD PANTRY**

377 Gray Rd  
(207) 892-1931  
Amasaha y'akazi: Ni abahawe gahunda gusa. Buri wa  
Mbere kugeza ku wa Kane kuva saa 8h30 za mu  
gitondo kugeza saa 4h00 za nimugoroba Buri wa  
Gatatu wa mbere w'ukwezi ni abasaza gusa, saa  
10h00 kugeza saa 11h30 za mu gitondo (abafite  
imyaka 62 kuzamura)  
Icyitonderwa: Ni abahawe gahunda gusa. Abashyitsi  
bavuga ibyo babategurira bari aho bategereza.

**YARMOUTH**

**YARMOUTH COMMUNITY FOOD PANTRY**

116 Main St  
(207) 420-1880  
Amasaha y'akazi: Buri wa Kabiri n'uwa Gatanu, kuva  
saa 10h00 kugeza saa 12h00 z'anywa  
Icyitonderwa: Babiguhereza mu modoka  
bipfunyitse mu makarito



# AHARI AMAFUNGURO MU NTARA YA CUMBERLAND

## BRUNSWICK

### MID COAST HUNGER PREVENTION SOUP KITCHEN

12 Tenney Way  
(207) 725-2716

Amasaha y'akazi: Buri wa Mbere kugeza ku wa Gatanu, kuva saa 11h00 za mu gitondo kugeza saa 12h30 z'amanywa, no ku wa Gatandatu kuva saa 12h00 kugeza saa 1h30 za nimugoroba

Icyitonderwa: Amafungura ya saa sita ategurwa agiye guhita afungurwa. Bakorera ku muryango ureba mu burasirazuba

## PREBLE STREET RESOURCE - SOUP KITCHEN

252 Oxford St  
(207) 775-0026

Icyitonderwa: Amafunguro ntagitangirwa kuri 252 Oxford Street muri Portland. Amafungura adakeneye gutekwa arahari binyuze kuri Preble Street's new Street Outreach Collaborative kuva saa 9h00 kugeza saa 10h00 za mu gitondo no kuva saa 3h30 kugeza saa 4h30 za nimugoroba mu minsi 7 yose igize icyumweru. Reba ku rubuga rwa Preble Street kugira ngo ubone amakuru mashya ajyanye na gahunda cyangwa ahantu:

[www.preblestreet.org](http://www.preblestreet.org)

## PATHWAY VINEYARD CHURCH –

### BRUNSWICK

2 Columbus Dr  
(207) 784-9500

Amasaha y'akazi: Buri wa Kabiri, kuva saa 5h00 kugeza saa 6h00 za nimugoroba

Icyitonderwa: Amafunguro adakeneye gutekwa. Bagusanga mu modoka.

## ST. VINCENT DE PAUL SOUP KITCHEN

307 Congress St  
(207) 772-1113

Amasaha y'akazi: Buri wa Mbere kugeza ku wa Gatanu, saa 11h00 za mu gitondo kugeza saa 12h30 z'amanywa

Icyitonderwa: Amafunguro adakeneye gutekwa

## PORTLAND

### AMISTAD INC- UBU IBIKORWA

### BYARAHAGARITWE

66 State St  
(207) 773-1956

Icyitonderwa: Amafunguro yahagaritswe by'agateganyo. Gupfuyika mu buryo bwihutirwa birakorwa

## STEEP FALLS

### STEEP FALLS COUNTRY CHURCH SOUP KITCHEN

35 Main St  
(207) 229-3289

Amasaha y'akazi: Buri wa Gatatu, kuva saa 4h30 kugeza saa 6h00 za nimugoroba

Icyitonderwa: Amafunguro adakeneye gutekwa

